



Have a relaxing
Labor Day
Weekend

THE RIVER WEEKLY NEWS

FREE
Take Me
Home

Vol. 18, No. 35

From the Beaches to the River District downtown Fort Myers

AUGUST 30, 2019



Untitled from Robert Rauschenberg's *Urban Bourbon* series

image courtesy www.rauschenbergfoundation.org

Rauschenberg Gallery 40th Anniversary Show

Florida SouthWestern State College (FSW) is celebrating the 40th anniversary of the Bob Rauschenberg Gallery with a solo exhibition of the late,

world renowned artist, longtime Lee County resident and gallery namesake, Bob Rauschenberg. The exhibit opened August 26 and runs through December 14.

Four decades since the founding of the gallery in 1979, this celebratory show, titled RAUSCHENBERG 40, is drawn from several prominent local collections

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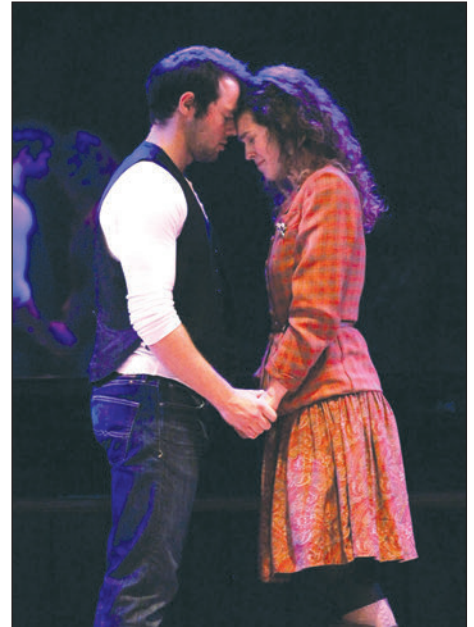
A Musical That Moves You At Broadway Palm

by Di Saggau

Broadway Palm's 200th production is *Once*, and it's one you don't want to miss. Based on the Oscar-winning 2007 movie, *Once* is about a Guy (Jack Gerhard) and a Girl (Mariah Lotz) who meet in an Irish bar in Dublin. Winner of eight Tony Awards, including Best Musical, the show is beautiful and moving, and revolves around two working-class characters who need each other.

The set is a huge sprawling Irish pub and, prior to the show, audience members are invited onstage to purchase wine or beer at the bar. They remain on stage while a rousing pre-show involving the entire ensemble of musician-actors takes place. You'll watch them jamming with the cast to some spirited Irish folk songs. It's a sight to behold. As the story starts to unfold, you are quickly drawn to the likable characters, singing and playing their hearts out.

The Guy is a disheartened Irish



Jack Gerhard and Mariah Lotz are the Guy and Girl in *Once* photo provided

singer-songwriter, a musician who is down on his luck. The Girl is a classically trained Czech pianist who is like a guardian angel that refuses to let him give up on his career. When he tells

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Misty Outside by Carve Stone

photos provided

Contemporary Shapes Highlight Alliance Exhibit

The Alliance for the Arts will hold an opening reception for its September exhibition, *The Shape of Things*: Carve Stone and Pat Zalisko, on Friday, September 6 from 5 to 7 p.m. The exhibit will be on display through September 28.

This thought-provoking exhibition



Muy Caliente by Pay Zalisko

features contemporary art forms from intricate, color rich collages and acrylic paintings to graceful carved marble sculpture and silhouettes.

The opening reception will feature light refreshments, beer tastings from Eight Foot Brewing and the kick-off of the Alliance's 2019-20 season. The reception is free to attend, but an RSVP is requested online at www.artinlee.org/shape.

Meet and engage with exhibiting artists Carve Stone and Pat Zalisko during a



Hanging Around by Carve Stone

conversational tour through the gallery on Saturday, September 7 at 10 a.m. during the Alliance for the Arts weekly GreenMarket.

HomeGrown and Art Lives Here will be on display in the member galleries during the month of September. The HomeGrown Exhibit features works from The Union Artist Studios. The Art Lives Here Exhibit showcases all nine original paintings that are featured on billboards throughout Lee County. The Art Lives Here campaign is made possible by



Across The River Acheron by Pay Zalisko

Alliance season-sponsor Carter-Pritchett Advertising.

While the gallery admission is free, a \$5 suggested donation keeps Alliance programming affordable and accessible.

The Shape of Things is sponsored in part by Goldstein, Buckley, Cechman, Rice & Purtz.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org/shape.✧

Historic Downtown Fort Myers, Then And Now:

Buck's Boats And Burgers



by Gerri Reaves, PhD

For two decades, Alfonso “Buck” Fernandez served up popular food in “the East End,” the section of Fort Myers east of Billy’s Creek Bridge.

In this photo probably taken soon after the restaurant was built circa 1940, Buck stands before his drive-in restaurant on Palm Beach Boulevard (aka East First Street) on the northwest corner at Isabelle Street.

Note the neon sign reading “Buck’s” on the roof. Also note the Art Deco/Moderne design flourishes: glass bricks around the entrance and the continuous “eyebrow” overhangs.

The speaker mounted at the front of the building would have piped jukebox music to the parking lot, where customers enjoyed hamburgers, milkshakes and all the standard drive-in fare delivered by curb service.

At heart, though, Buck proved to be a man of the sea more than a restaurateur. He was a successful fishing guide and charter-boat captain, as well as a boat builder.

He was born in 1909 on Mound Key to Antonio and Maria Fernandez, natives of Portugal. Antonio, a missionary, became a fisherman to survive.

In the mid-1930s, Buck ran the Wag Inn bar and barbecue and, in the late 1930s, he also managed a gas station. Both were east of Billy’s Creek Bridge.

In November 1940, he built a sandwich stand with living quarters just east of Billy’s Creek Bridge.

However, a week or so after the bombing of Pearl Harbor on December 7, 1941, he posted a sign at his super sandwich stand, as it was known, reading “closed for the duration.”

Buck was off to Coast Guard service in World War II. He was stationed in St.



Buck Fernandez stands in front of Buck’s Place, his drive-in restaurant just east of Billy’s Creek Bridge at Isabelle Street photo courtesy Bob Clark



Today, condos dominate the landscape in the “East End.” The former location of Buck’s drive-in is now part of a condo parking lot. photo by Gerri Reaves

Augustine and wrote home that he enjoyed having someone else do the cooking.

Later in the war, he sailed to the South Pacific to deliver reinforcements.

In 1943, Margaret Mickle honored “Fonzy,” as he was called, by dedicating a fun-loving poem, “Captain of the Heads,” to him in her *The News-Press* column, “Local Low Down.”

After the war ended, Buck returned to Fort Myers and reopened his drive-in.

But, apparently, it wasn’t enough to hold his full attention, for within a few years, he built several boats, the 22-foot Pixy in 1950, the 30-foot cruiser *Ballerina* in 1952 and the *Ballerina II* in 1956.

In 1956, he also left the restaurant business to work as a charter-boat captain out of Snug Harbor on Fort Myers Beach.

The restaurant continued under the same name, however, well into the 1970s, followed by a few years as a game room.

By the mid-1980s it was gone.

Buck died in 1987, remembered more for boats than burgers.

Visit “the East End” and see a neighborhood once dominated by the marine industry and sprinkled with fondly remembered eateries like Buck’s.

Then, visit the following research centers to learn more about more about locals who loved the waters of Southwest Florida.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society and *The News-Press*.✱

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Greater Fort Myers Chamber of Commerce

The Greater Fort Myers Beach Area Chamber of Commerce

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FROM THE BEACHES TO DOWNTOWN FORT MYERS

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2019**

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Sept. 10, 17 & 24
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Discover Shell Point's Signature

Lifestyle with Lifecare followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. **Admission to the presentation and tour is free; however, reservations are required by calling (239) 466-1131.**

Sept. 12 at 10 a.m. 

William Shakespeare's Life: A Brief Overview

Join Shell Point resident Ray Boyce for a special course that will focus on the life and legacy of William Shakespeare. During this presentation, you will get a brief overview to his early years as a poet and playwright, as well as the competitive issues that influenced his career. **Tickets for this session cost \$10* and may be purchased by calling (239) 489-8472.**

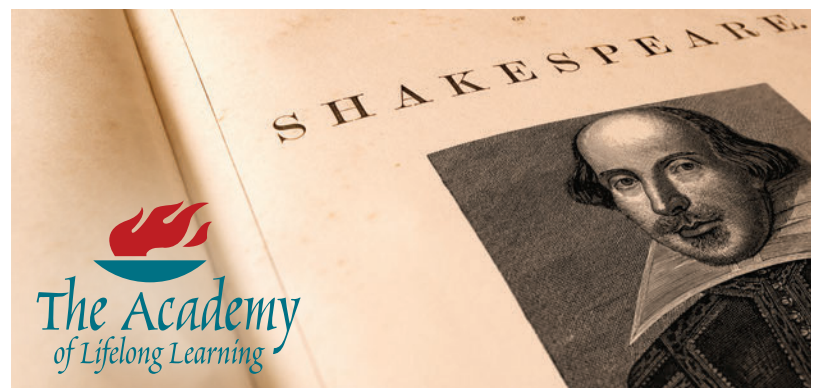
Sept. 28 at 10 a.m.
to 11:30 a.m. 

South Florida Water Quality Update

Join Chairman of the Board of the South Florida Water Management District, Chauncey Goss, as he discusses the water quality issues that have recently dominated the news in Southwest Florida. Find out some of the major efforts made by governments, universities, private industry and citizen groups to assess the problems and to develop corrective responses. **Tickets for this session cost \$10* and may be purchased by calling (239) 489-8472.**

SHELL POINT
RETIREMENT COMMUNITY

Shell Point is a nonprofit ministry of The Christian and Missionary Alliance Foundation, Inc



Sept. 17 & Sept. 18 
Antony and Cleopatra Part 1 & Part 2

The Academy of Lifelong Learning will welcome back Shell Point resident Ray Boyce for a two-part discussion on one of Shakespeare's most popular tragedies, *Antony and Cleopatra*. Part one will feature a film version of the theatrical presentation and part two will offer a time for discussion. **Tickets for this session cost \$10* and may be purchased by calling (239) 489-8472.**

- Part 1 - Tuesday, September 17 from 9:30 a.m. to noon.
- Part 2 - Wednesday, September 18 from 10 a.m. to 11:30 a.m.

**Visit www.shellpoint.org/events
for full listings of this month's events!**

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway

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Camille Ortiz photos provided

Gulfshore Opera And Ballet Collaboration

Gulfshore Opera and Gulfshore Ballet will join forces to present an evening of song and dance in the Gulfshore Ballet studio on Thursday, October 24 at 7 p.m. In its second year of this collaboration, the groups will interpret songs of French Impressionists and selections from Leonard Bernstein's *West Side Story*. Audiences familiar to Gulfshore



Opera will hear soprano Camille Ortiz – last seen as Norina in *Don Pasquale* – and mezzo-soprano Lauryn Kay – last seen as Flora in *La Traviata* – perform French repertoire with pieces by Debussy, Bizet and Berlioz on the first half of the concert. In the second half of the program, Florida Grand Opera tenor Chad Johnson joins Ortiz and Kay to perform highlights of *West Side Story*, including *Something's Coming*, *I Feel Pretty*, and *Tonight*. In both portions of the program, Gulfshore Ballet dancers provide visual accompaniment to the pieces. Tickets are \$75 for premium seating,



cocktails and hors d'oeuvres reception beginning at 6 p.m. with a silent auction to benefit Gulfshore Ballet. For the performance only, tickets are \$45. To purchase tickets, visit www.gulfshoreopera.org or call 529-3925. Gulfshore Ballet is located at 5636 Youngquist Road, Units 1 and 2 in Fort Myers.*

assistance can be overwhelming," said Fred Richards, Goodwill SWFL vice president of community support services. "We are providing assistance on an individualized basis, based on the needs of the person or family at the time they access our services." The goal of the CRC is to help build independence through training and supports, and increase access to community resources for those who struggle with the application process. Services will be structured to address areas critical to a family's success such as employment, financial literacy, healthcare, food stamps, language barriers, childcare and more. Additionally, Goodwill has added digital training to their toolbox, offering free certificate courses and online workshops designed to improve employability.

"We are increasing access to digital training and certifications demonstrating digital competency," said Richards. "We want to address the digital divide. The negative implications of not having technological access will affect a family's personal and financial capacity."

Every year, the number of jobs requiring digital skills increases. Up-skilling in digital literacy will be imperative for those who have already left the education system and want to maintain viable in the workforce. Soft skill training is another area that can improve employability. Additional certificate training and credentialing can lead to career advancement, which ultimately leads to wage gain. Limited income and absence of savings leaves a household vulnerable to unexpected expenses.

"They are working hard, but fall short of what they need to cover the basic costs of living consistently," said Richards. "Unable to save for the future, they are vulnerable to a single emergency that can push them into crisis and even further into poverty."

In addition to community services, CRCs will also house veteran and employee services under their umbrellas. Initially, the rebranding will roll out in Glades and Hendry counties where there is a high need for available, centralized resources. With a focus on self-sufficiency and training, Goodwill SWFL is moving forward to address the needs of the community as the economy changes.*

Goodwill Boosts Services To Assist Job Seekers

Goodwill Industries of Southwest Florida (SWFL) is intensifying its services to help build the skills of those most difficult to employ. With job growth on the rise in a robust economy and now more people than ever entering the labor force, those with challenges or low-skill levels are struggling to compete. Goodwill SWFL realizes the crucial need to assist those with multiple barriers to self-sufficiency, including lack of computer access and digital training skills. Existing Job-Link Centers are being rebranded as Community Resource Centers (CRCs) and will be focused on up-skilling and family strengthening while connecting those most in need with services. "For some, navigating through the social service system to access

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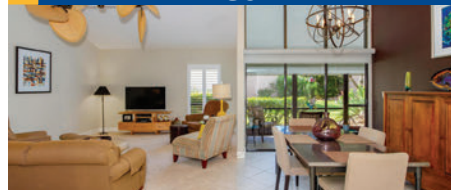
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Fort Myers Art:

Forbidden Triffids To Pantomime Cult Classic



by Tom Hall

The Forbidden Triffids will be pantomiming the already sold-out *Rocky Horror Picture Show* when it returns on October 12 to the Alliance for the Arts. The Forbidden Triffids is a Lee

County shadow cast who help audiences relive the cult classic movie.

The troupe formed in 2013, starting as street performers after the previous Fort Myers cast split. They are notable for combining other kinds of performers with the show such as fursuiters and fire performers. At the moment, they perform in the Halloween season on stage and perform at art shows offseason.

In addition to the Alliance of the Arts, The Forbidden Triffids has appeared at the AMC movie theater, Red Headed Witches, Peace Day in the Park, Mystery Walk, CGA show and Zombicon.

The 2019 show cast, which may change depending on availability and understudies, consists of:

Dr. Frank-N-Furter (A Scientist): TBA; Janet Weiss (A Heroine): Chandler



The Forbidden Triffids

Burwell; Brad Majors (A Hero): Caitlin Karcher; Riff Raff (A Handyman): Takua Lockwood; Magenta (A Domestic): Kimberly Reichenbecher; Columbia (A Groupie): Kathi Reichenbecher; Dr. Everett V. Scott: Bjorn Ugland; Rocky Horror (A Creation): Mike Heidenreich; Eddie (Ex Delivery Boy): Bjorn Ugland; The Criminologist (An Expert): David Condoluci; and Trixie (The Lips): Takua Lockwood.

Rocky Horror Show Coming To New Phoenix In October

New Phoenix Theatre will perform Richard O'Brien's *Rocky Horror Show* live in October. If you have never

experienced *Rocky Horror*, this is your chance. If you have, you won't want to miss this opportunity to do the time warp again. Audience participation is encouraged, but not necessary, so feel free to dress up as your favorite character. Prizes will be awarded for the best costumes.

Performances are October 3, 4, 5, 10, 11, 12, 17, 18, 19, 24, 25, 26 and 31 at 8 p.m. and October 6, 13, 20 and 27 at 3 p.m. New Phoenix Theatre is located at 13211 McGregor Boulevard in Fort Myers.

Centers For Performing Arts To Screen Rocky Horror Picture Show

The Center for Performing Arts Bonita Springs will be conducting an interactive screening of the cult classic *The Rocky Horror Picture Show* – where people are encouraged to yell back lines at the screen, dress in costume and act out

the film. Attendance includes a bag of "essential" *Rocky Horror* viewing items. Come dressed in costume a la *Rocky Horror* and receive a raffle ticket to win terrific *Rocky Horror* memorabilia.

The screening takes place at 7:30 p.m. on Saturday, October 12 in the Moe Auditorium at 10150 Bonita Beach Road in Bonita Springs. For more information, call 495-8989 or visit www.artcenterbonita.org.

Great Gatsby Opening At The Naples Players With Red Carpet Party

The Naples Players is bringing *The Great Gatsby* to the stage. The play is a contemporary adaptation by Simon Levy of F. Scott Fitzgerald's classic novel, and features much of his language along with the legendary decadence of the 1920s.

The dominant themes of love, desire and obsession wash over Fitzgerald's characters rich with hope and dreams positioned within an Art Deco stage design that artfully sets the stage for their decadent world in the Jazz Era.

Performances of *The Great Gatsby* run Wednesdays through Sundays, October 2 through 27 in Blackburn Hall, 701 Fifth Avenue in Naples. A special Red Carpet Party will be held at 6:30 p.m. on Wednesday, October 2 on The Baker Stage before the 7:30 opening night performance with live music and complimentary refreshments. Tickets are \$40 and are available to the public on Tuesday, September 3, at the box office or by visiting www.naplesplayers.org.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧



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Boat Safely This Labor Day Weekend

If boating is in your plans for the extended Labor Day weekend – a busy boating holiday period – Save the Manatee Club asks you to think of the well-being of the public, imperiled manatees and other aquatic wildlife by putting safety first.

Unfortunately, manatees continue to suffer record-breaking injuries and deaths from watercraft-related incidents, with more than 100 manatees having been killed ahead of Labor Day this year. Save the Manatee Club recognizes that most boaters act responsibly on the water, and club members encourage the boating community to be vigilant of manatees, go slow in manatee habitat, and obey all posted speed regulations, which is the best way to reduce the risk of watercraft-related manatee injuries and deaths.

To increase boater awareness and help keep manatees safe, Save the Manatee Club has free boating banners, public awareness signs for shoreline property owners, posters, decals and other materials. To support International Manatee Day on September 7, send

requests for the club's free paraphernalia via email to education@savethemanatee.org or by calling toll free at 1-800-432-JOIN (5646).

"Conscientious boaters play a pivotal role in safeguarding manatees and protecting our shared aquatic habitat, which is why the club produces and distributes numerous free boater resources," said Patrick Rose, aquatic biologist and executive director of Save the Manatee Club. "With increased public and boater awareness, strategic enforcement of existing boating regulations, and the adoption of additional protective measures where needed, manatee deaths and injuries from boat strikes can be reduced."

For those out on the water for the last holiday weekend of the summer boating season, remember that if you spot an injured, dead, tagged, or orphaned manatee, or a manatee who is being harassed, call the Florida Fish and Wildlife Conservation Commission (FWC) hotline number at 1-888-404-FWCC (3922) or use VHF Channel 16 on marine radios.

For more information on manatees, the Adopt-A-Manatee® program, and the International Rescue Fund, visit www.savethemanatee.org or call 1-800-432-JOIN (5646). Also, look for "Manatee Protection Tips for Boaters" and other resources at www.savethemanatee.org/boatertips.✧



Last year's Arts On Tap interactive skull drawing

photos provided

Culinary Artists Announced For Arts On Tap

Arts On Tap, the Alliance for the Arts annual hosted fundraiser scheduled for Saturday, November 9 from 7 to 10 p.m., will include tasty treats from culinary favorites The American Grilled Cheese Kitchen, Downtown House of Pizza, Kings Kitchen, The Standard Restaurant, and more this year.

Now in its third year, Arts On Tap features unlimited tastes of award-winning, rare and new artisan brews from participating local breweries, hand-selected wines, music, a silent auction, games and a gallery exhibition to go along with restaurant offerings.

Participating crafters include Big Blue Brewing, Bury Me Brewing, Coastal Dayz Brewery, Eight Foot Brewing, Millennial Brewing Company, Momentum Brewhouse, Naples Beach Brewery, Palm City Brewing and Point Ybel Brewing Company. The evening will also highlight an exclusive new brew born from a creative collaboration between the Alliance and Momentum

Brewhouse.

"Arts On Tap is the chance to explore the Alliance after dark and experience your not-so-typical fundraiser," said development and marketing director Jessica Wisdom. "As our local art scene and craft beer scene has grown, so has Arts On Tap. The evening is all about celebrating local artists, artisans and businesses redefining Southwest Florida."

Tickets are \$100 and available for ages 21 and older. A state-issued form of ID is required. Last year, Arts On Tap attracted 200 guests and raised over \$40,000 for the nonprofit visual and performing arts center. Event proceeds support a creative hub that spurs self-expression, imagination and individuality.

The event is sponsored by Briers CPA, Custom Packaging and Products, Dorsey Law Firm, EnSite, GMA Architects & Planner, Owen-Ames-Kimball Company, Priority Business Solutions, Megan & Jon Romine Seminole Casino Hotel and Winged Foot Title. Sponsorships and visibility opportunities are also available at www.artinlee.org/ontap.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org/ontap.✱



The theatre beer garden at the Alliance for the Arts

Flutist Featured At Symphony Society Meeting

The Southwest Florida Symphony Society opens its new season on Friday, September 6, with a luncheon and program featuring flutist Angela Massey at the Westin Cape Coral Resort. Doors open at 11:30 a.m. with lunch at noon.

Massey is an award-winning member of the Southwest Florida Symphony Orchestra. She has performed as a soloist with major orchestras throughout the USA and internationally and is artistic director of the Astralis Chamber Ensemble, which embarks on a national tour this fall. Massey also serves as manager of the SWFLSO Youth Orchestra and as its woodwind coach.

Advance reservations are required. Cost is \$25 person, payable by cash, check or credit card at the door. Call 666-1230 to reserve.

The SWFL Symphony Society supports the SWFL Symphony Orchestra through volunteerism, fundraising and social activities that



Angela Massey

photo provided

bring together music lovers.

Westin Cape Coral Resort at Marina Village is located at 5951 Silver King Boulevard in Cape Coral. For more information, call 418-0996 or visit www.swflso.org/symphony-society.✱

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Along The River

The **Alliance for the Arts** will hold the **GreenMarket** this Saturday, August 31 and every Saturday on its 10-acre campus. The farmer's market-style event features a selection of locally grown, caught and cultivated foods and other products available to sample and purchase. There will also be live entertainment by local musicians and fun activities for kids, gardening classes and live cooking by local chefs.

The GreenMarket hosts neighbors and small growers who bring seasonal, very limited crops to market. Barter is encouraged, trade your small crop for market items you may need.

During the GreenMarket, take part in a free weekly yoga session. The class is held on the lawn next to the open air market from 9:30 to 10:30 a.m.

Join registered yoga teacher Anna Withrow beneath the shade trees. The sessions are suitable for all levels and beginners are welcome. Supervised children are also encouraged to join in. Bring a yoga mat, sunscreen and water.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, visit www.artinlee.org.

Fort Myers Miracle, the Class A Advanced Affiliate of the Minnesota Twins, will be playing home games at **Hammond Stadium** this weekend against the Clearwater Threshers.

On Friday, August 23, it's College Football Night where fans will get a



The Science on a Sphere at IMAG History & Science Center

photo provided

chance to win tickets to college football games throughout the state of Florida. The first 500 fans will get a Miracle carabiner. It's also Fireworks Friday with a fireworks show after the game. Game time is 7 p.m.

On Saturday, bring your dog to the game for Dog Days. All dogs get in free, courtesy of Lee County Domestic Animal Services. It's also Halloween Night, so wear your best costume to the game and compete in a costume contest for prizes. There will also be a special beerfest from 5 to 7 p.m. on the main concourse with craft beers from all over, courtesy of Killebrew Root

Beer. Game time is 6 p.m.

On Sunday, the 11 a.m. game will feature Sunday Brunch where you can purchase an all-you-can-eat brunch special for \$10 after entry. Stop by a local Dairy Queen for a special free ticket offer while supplies last.

Hammond Stadium is located in the CenturyLink Sports Complex at 14100 Six Mile Cypress Parkway in Fort Myers. For more information, visit www.milb.com/fort-myers.

IMAG History & Science Center will hold a grand opening of its **Science on a Sphere** exhibit this Saturday, August 31. IMAG will also unveil other new and exciting attractions including its Google Earth Wall, Hurricane Simulator and Exhibit, and a Hall of Weather with various exhibits including the IMAG Weather Forecasting TV Studio, Touch-a-Cloud Experience, and more.

Thanks to the generous support and sponsorship of Storm Smart and

NBC2, the IMAG is bringing earth sciences to life. Science on a Sphere is a room-sized, six-foot diameter sphere that displays planetary data for atmospheric storms, climate changes, ocean temperatures, and more to explain complex environmental processes.

The IMAG Google Earth Wall is an interactive display that allows people to take a tour with some of the world's leading scientists, teachers, story tellers, and subject experts. Google Earth opens up new realms of exploration, discovery, and fun allowing people to virtually climb the world's tallest mountains, dive into the deepest canyons, visit exciting cities, learn about exotic animals, and more by using satellite imagery of various terrains, bodies of water and hundreds of cities worldwide. In addition to Science on a Sphere and Google Earth Wall, IMAG features other weather-and-environment-related exhibits for learning and fun.

IMAG History & Science Center is located at 2000 Cranford Avenue in Fort Myers. For more information, visit www.theimag.org or call 243-0043.

Edison and Ford Winter Estates will offer **Emerging Inventors: Plants and Gardens** this Tuesday, September 3 from 10 a.m. to 11 a.m.

Children and parents will learn, play and gain valuable social skills while exploring the homes, gardens and museum. This session will focus on the different plants and gardens that are on site. Advance registration is required. Cost for Edison Ford members is \$10 or \$15 for non-members.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information or to register, visit www.edisonfordwinterestates.org or call 334-7419.✧

DO YOU KNOW YOUR BIRTHSHELL?

September: The Limpet Shell, Sapphire, The Limpet shell is truly unique in that though it houses a sea snail, it is not a coiled shell. Characterized by clear thinking and individuality, those born to this shell are often seen as having enhanced mental clarity, a meticulous attention to detail and an analytical and reliable nature.

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Charity Event Lineup For Ronald McDonald House

Ronald McDonald House Charities (RMHC) Southwest Florida recently announced its lineup of events for 2019-20. Proceeds from all fundraising events directly benefit RMHC Southwest Florida, whose mission is to create, find and support programs that directly impact the health and well-being of children and their families in Southwest Florida.

The 2019-20 events are:
8th annual Brew-Ha-Ha Craft Beer Festival – Saturday, October 19 from 5 to 8 p.m.

12th annual World Wine Tour – Saturday, November 2 from 4:30 to 7 p.m.

Inaugural Grampy's Sporting Clays Tournament – Friday, December 6 from 8 a.m. to 3 p.m.

3rd annual Grampy's Pro-Am Golf Tournament – Friday, December 13 from 8 a.m. to 3 p.m.

26th annual Storybook Ball – Saturday, February 15 from 6 to 11 p.m.

Supporters are encouraged to partner with RMHC Southwest Florida to sponsor an event, donate a raffle item, volunteer, or attend any of the events. Every chapter operates individually so community support is welcomed and appreciated in order to help RMHC Southwest Florida continue to support The Ronald McDonald House, The Ronald McDonald Family Room and the Ronald McDonald Care Mobile Program.

In 2018, RMHC Southwest Florida offered 1,482 night stays; 4,400 meals to patient families in the Ronald McDonald Family Room; offered snacks, beverages, laundry services, rest and relaxation in the Ronald McDonald Family Room to 5,773 patient families; and served over 9,000 children with the Ronald McDonald Care Mobile program in Southwest Florida.

Sponsorship opportunities and registration for events can be found online at www.rmhcswfl.org/events or by contacting Marketing Director Amy Blanco at 437-0202.✧

Local Man Trains To Be A U.S. Navy Future Warfighter

submitted by Mass Communication Specialist 1st Class Jerry Jimenez, Navy Office of Community Outreach

Sailors are some of the most highly trained people on the planet, according to Navy officials, and this training requires highly-dedicated instructors.

At Naval Education and Training command (NETC), instructors at advanced technical schools teach sailors to be highly skilled, operational and combat ready warfighters, while providing the tools and opportunities for continuous learning and development.

Seaman Lombardo McLeod, a native of Fort Myers, is a student at NETC, learning the necessary skills needed to be an electronics technician that is responsible for maintaining communication, navigation and radar systems onboard Navy warships.

Students attend advanced technical schools after "boot camp." They are taught the basic technical knowledge and skills required to be successful in their new careers.

McLeod, a 2014 graduate of Bishop Verot High School, credits success in the Navy to many of the lessons learned growing up in Fort Meyers.

"I learned that although a task or situation may be difficult in the moment, through perseverance and determination, anything is possible as long as you put



Lombardo McLeod

photo by Mass Communication Specialist 1st Class Jesse Hawthorne

your mind to it," McLeod said.

NETC educates and trains those who serve, providing the tools and opportunities which enable life-long learning, professional and personal growth and development, ensuring fleet readiness and mission accomplishment.

NETC is made up of six commands that provide a continuum of professional education and training in support of Surface Navy requirements that prepare enlisted sailors and officers to serve at sea, providing apprentice and specialized skills training to 7,500 sailors a year.

A key element of the Navy the nation needs is tied to the fact that America is a maritime nation, and that the nation's prosperity is tied to the ability to operate freely on the world's oceans. More than 70 percent of the Earth's surface is covered by water; 80 percent of the world's population lives close to a coast; and 90 percent of all global trade by volume travels by sea.

McLeod plays an important role in America's focus on rebuilding military readiness, strengthening alliances and reforming business practices in support of National Defense Strategy.

"Our priorities center on people, capabilities and processes, and will be achieved by our focus on speed, value, results and partnerships," said Secretary of the Navy Richard V. Spencer. "Readiness, lethality and modernization are the requirements driving these priorities."

As a member of one of the U.S. Navy's most relied-upon assets, McLeod and other sailors know they are part of a legacy that will last beyond their lifetimes providing the Navy the nation needs.

"Serving in the Navy means giving back to my country and the people who call this great nation home," McLeod said.✱

OBITUARY

EVELYN DOROTHY SCHMIDT MINOUI

Evelyn Dorothy Schmidt Minoui, loving wife and mother, passed away at the age of 83 on August 21, 2019.

Evelyn was born on June 16, 1936 in New York City to Vera and Philip Schmidt. She worked at Bell Atlantic where she was one of the few women in the engineering department. She also held a degree in interior design.

On December 26, 1960, she married Hormoz Minoui, MD. They raised four children, Peter (Colette), Monica, Paul and Janel Monahan (Dan). She has seven grandchildren, Danielle Voyce, Alexis Morales, Erica, Emily and Claire Minoui, and Leila and Tobias Monahan, and three great grandsons, Karsen and Greyson Voyce, and Cristian Morales. She will be dearly missed.✱



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Officers Christopher Mocci, William Beaton, David Brito and Cold Case Investigator Richard Harasym photo provided

New Officers And An Investigator Join Police Force

On August 16, the Fort Myers Police Department (FMPD) held a swearing-in ceremony to welcome three new police officers and a cold case investigator to the department's ranks. In front of an audience of friends, family, fellow officers and city officials,

Chief Derrick Diggs welcomed the recruits to their new positions. The event was held at the Southwest Florida Community Foundation Collaboratory for Officers William Beaton, Christopher Mocci, David Brito and Cold Case Investigator Richard Harasym. The new members of the department bring a wide variety of skills, service and professional experience ranging from management to military and law enforcement service. For online information about joining the FMPD, visit www.fmpolice.com.✧

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.
ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.
ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.
BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.
BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.
BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.
BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.
CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.
CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.
CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.
CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.
COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.
CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442.
CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.
CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.
FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.
FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.
FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.
FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.
FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.
FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.
FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcfmyers.org, 2438 Second Street, 239-334-2261
IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.
JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.
KINGDOM LIFE
Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343.
LAMB OF GOD
Sunday 7:45 and 10 a.m., [## County Makes Adjustments For Labor Day](http://www.lambofgod</p></div><div data-bbox=)

The Labor Day holiday on Monday, September 2 will result in some closures and schedule changes for Lee County operations. Here are the changes:
Solid Waste – All garbage, recycling and yard waste collections in unincorporated Lee County, the City of Bonita Springs and the Town of Fort Myers Beach will take place one day after the regularly scheduled collection day for the entire week beginning September 2. This means that if the regular collection day is Monday, the collection truck will pick up that material on Tuesday. Tuesday's regularly scheduled pickups will occur on Wednesday and so on, the rest of the week through Saturday, September 7. Regular collection schedules resume on Monday, September 9.
Lee County Solid Waste facilities and offices are closed Monday, September 2, in observance of the holiday. This includes the operation at the Household Chemical Waste Collection Facility, 6441 Topaz Court, and the Resource Recovery Facility on Buckingham Road. The Household Chemical Waste Collection Facility will be open from 8 a.m. to noon Saturday, September 7.
The Solid Waste Department urges all residents to recycle the paper, plastic, metal and glass from their holiday

weekend activities.
Parks & Recreation – Parks, pools and preserves remain open on Monday, but offices and recreation centers are closed Monday and will reopen Tuesday, September 3.
Libraries – All library locations will be closed on Monday. Each branch will resume regular operating hours on Tuesday, September 3.
Animal Services – Lee County Domestic Animal Services, 5600 Banner Drive in Fort Myers, will be closed for the holiday, but will resume regular business hours on Tuesday, September 3.
LeeTran – LeeTran will not run bus, trolley or paratransit service on the Labor Day holiday. Service resumes Tuesday, September 3. Schedules and route information can be found at www.rideleetrans.com.
Utilities – The customer service center will be closed Monday, September 2, in observance of Labor Day.
Note: Lee County holds two public hearings on its budget before adoption, and they typically are the first and third Tuesdays in September. This year, the county's first budget hearing is immediately following Labor Day. It will be at 5:05 p.m. Tuesday, September 3. The second public hearing on the 2019-20 budget will be 5:05 p.m. Tuesday, September 17, and it is anticipated Lee County Commissioners will approve the budget following that hearing. Both hearings will be held at the Old Courthouse, 2120 Main Strett in Fort Myers.✧

church.net, 19691 Cypress View Drive, 267-3525.
NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. nbcministry@embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.
NEW COVENANT EYES
Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.
NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.
NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.
PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.
PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.
REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.
RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.
SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.
SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.
ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.
SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard,

344-0012.
SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.
SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.
ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.
SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.
TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.
TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.
THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.
THE NEW CHURCH
Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.
UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.
UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.
WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.
WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.
ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.✧

CROW Case Of The Week:

Rough-Winged Swallow



by Bob Petcher

The northern rough-winged swallow (*Stelgidopteryx serripennis*) is among many different species of swallows and like birds. This small bird with a square tail has brown

upper parts and off-white under parts.

While many swallows nest in colonies, northern rough-winged swallows prefer solitary burrows or unnatural crevices such as gutters, drainpipes and bridges. They are great fliers that consume insects in mid-air. Their flight wingbeats are slower than most other swallows.

Northern rough-winged swallows spend winters in Mexico or Central America. They get their name due to their tiny hooks on the edges of their primary feathers, and it reportedly takes them close to 100 days to finish growing new feathers.

At CROW, a northern rough-winged swallow was admitted last week along with three other individuals from other swallow species. The four birds were flown down from the Wildlife Rehabilitation Center of Minnesota (WRC).

"We received a northern



Patient #19-3519 is a transfer patient from a northern rehabilitation center

photo by Brian Bohlman

rough-winged swallow, a cliff swallow, a barn swallow and a purple martin as part of this transfer," said Dr. Robin Bast, CROW's staff veterinarian. "We get patient transfers from northern facilities a few times a year, usually when a bird has missed migration due to injury or illness."

The birds were receiving treatment for feather damages and, indeed, missed their species migrating out of the area. The northern rough-winged swallow came in with broken primary feathers on both of its wings.

"The swallows sustained feather damage as part of their initial injuries,

so we are waiting for them to grow their feathers back out before they are released," said Dr. Bast. "Some minor abrasions were found on the feet, pododermatitis, which have since resolved."

Once enough of the broken feathers have molted out and new ones grow in so that the patient is able to fly appropriately, it will be released to an area where other wintering northern rough-winged swallows are present.

"The swallows are currently in a soft-sided enclosure and go outdoors during the day. Many of them are already flighted, just waiting for the feather

quality to improve," said Dr. Bast.

CROW has a long relationship with WRC, though the transfer process is not a frequent one.

"Yes, we have collaborated with them for several years now, and it is fantastic that we are able to work together to help wildlife even being so far apart," said Dr. Bast. "This is not typical, we only get two to three transfers like this a year. If they missed migration due to an injury or illness that has been resolved, we can accept them as transfers and reunite them with a flock of their species down here. This gives them the best chance to make the next migration back north successfully if they are with others."

The reciprocal transfer process is a lot less frequent.

"Typically, birds are transferred to our warmer climate to avoid being wintered indoors and reunite them with their species sooner. We have not yet had to send a bird north, but thanks to a great working relationship with other centers like the Wildlife Rehabilitation Center of Minnesota, it is a possibility if necessary," said Dr. Bast. "There is a lot that goes into coordinating a transfer including minimizing stress to the patient and ensuring it is not carrying disease to a new region."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Fall-like Fishing Has Arrived



by Capt.
Matt Mitchell

As August comes to a close, what a difference a year makes. Last year, this place was a ghost town due to the worst red tide we have ever seen. This August,

the bay has not only been full of life, but there are lots of people around and business has been record-breaking. Getting out and experiencing this rebound has to be seen to be believed.

Bait has been one of the major factors in what is making our fishing so great. Anywhere in the sound you look, you see feeding birds and, when you look a little closer, there are fish breaking the surface right under them. The variety is awesome with trout, ladyfish, snapper, mackerel, jacks and bluefish all part of the mix. Watching these fish blitz is exciting. At times, throw in a few rolling tarpon and some sharks, and it's like fall. Usually all this bait does not show up in our water for another month but no one is complaining.

Redfish action keeps getting better too with the rain-stained water being the perfect set up to catch lots of them. These reds have ranged anywhere from 20 inches up into the mid-30-inch

range. I've been targeting these fish under the mangroves during the higher periods then moving to the passes during the lower water. Small silver dollar sized pinfish have been my bait of choice, either tail-hooked and free-lined under the mangroves or weighted with a split shot when in the passes.

While fishing the passes for redfish over the weekend, we lost count of how many redfish we caught. At one point we had a large bull shark come up and eat a big redfish in two right next to the boat. In the stained water, you never knew the shark was there until it was too late. Having a shark cut a big redfish in two like a warm stick of butter is impressive and scary, especially since I was reaching over the side grabbing these fish by hand.

Snook fishing for me has been best during the last few hours of the falling tide. Deeper mangrove points with good tide flow have held lots of mid-20-inch sized snook. Our big snook of the week came while targeting redfish on the high tide under the mangroves. It measured right around 30 inches. Falling tide fishing in the passes has been a little hit or miss as it seems these fish have started making there way back across the bay a little earlier this year. Though its not feeling like fall, it sure looks like fall with the way our water has come to life.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✱



Craig from Miami had his best-ever red taken away boat side this week while fishing with Capt. Matt Mitchell photo provided

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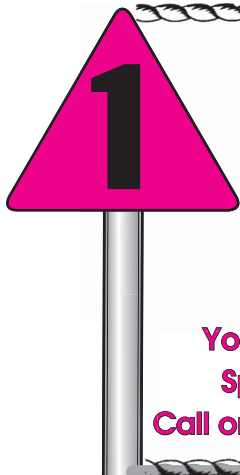


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Dave Doane

Plant Smart

Beachberry

by Gerri Reaves

Beachberry (*Scaevola plumieri*) is a native shrub of the goodenia, or inkberry, family whose habitat is beaches, dunes and coastal strands near the high-tide mark. It spreads via rooting stems that stabilize the soil.

The State of Florida lists it as a threatened species.

Other common names are inkberry and gullfeed.

This stout herbaceous evergreen grows up to about four feet high, with multiple drooping or trailing branches that provide cover for birds. It can be broader than it is tall.

The alternate spatulate leaves are dark green, thick and fleshy with smooth edges. One to three inches long, they tend to form rosettes near the tips of the succulent stems.

The five or six white-to-pinkish flowers are a distinguishing feature, for they look like only half a flower. The pistil, the collective female reproductive organs of the flower, arches over the



Beachberry's thick spatulate leaves and fan-shaped "half-flowers" with overarching pistil photos by Gerri Reaves

flower.

They bloom throughout the year, peaking in summer.

Beachberry's black shiny berries measure about a half-inch across and



The fruit is a food source for wildlife

contain a woody stone. They are a food source for some birds and small mammals.

In a coastal residential landscape, it can be used as a screen, groundcover,

or hedge.

Give this slow-growing plant full sun and well-drained sandy soil. It has high drought and salt tolerance and is long-lived.

Propagate beachberry with seeds or cuttings.

A word of caution: Only one other local species has that fan-shaped "half-flower" and you should avoid planting it.

The all-too-common nonnative beach naupaka (*Scaevola taccada*) is the only other member of the goodenia family found in Florida, and it is listed as a category-1 invasive pest plant.

It strongly resembles beachberry but is a woody shrub and generally larger with white berries.

Sources: *Florida Plants for Wildlife* by Craig N. Huegel, *Growing Native* by Richard W. Workman, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, <https://edis.ifas.ufl.edu>, www.fnps.org, www.regionalconservation.org, and www.wildflower.org.

Plant Smart explores the diverse flora of South Florida.✱

Photo Contest Deadline Nears

The deadline for this year's "Ding" Darling Day Amateur Nature Photography Contest, which raises cash award prizes to celebrate the refuge's 75th anniversary, is Sunday, September 15. All entries must be submitted electronically to be eligible for the \$300 first place prize, \$225 second place prize, and \$175 third place prize. Honorable mentions receive the return of their \$25 entry fee.

The 27th annual contest, sponsored by the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), is held in conjunction with "Ding" Darling Day, October 20 (www.dingdarlingdays.com) at the JN "Ding" Darling National Wildlife Refuge on Sanibel.

For an entry form and other contest information, visit www.dingdarlingsociety.org/articles/photo-contests. DDWS will announce winners and award prizes at "Ding" Darling Day.

In an effort to maintain its commitment to the environment, DDWS



John Hoyt of Lewes, Delaware, won second place in the 2018 contest photo provided

will not accept photo contest entries by mail. Entries must be delivered by email to ddamateurphotocontest@gmail.com by September 15. For assistance, call 472-1100 ext. 4 or email shois@dingdarlingsociety.org. Entrants can pay by sending a check made out to the "Ding" Darling Wildlife Society (P.O. Box 565, Sanibel FL 33957) with a memo "for photo contest" or online at www.dingdarlingsociety.org/donation with a note in "gift comments" designating the donation as photo contest fees.

There is a \$25 per person entry fee that provides you with a membership to the society and is used to defray the cost of the contest. One fee covers two entries per person but each person is eligible to win only one award.

Only amateur (all ages) photographers are eligible to enter (may not possess a professional photographer tax identification number for the sale of photographs).

Photos must be taken at JN "Ding" Darling National Wildlife Refuge and have been taken within two years of entry date.

Each photo must be a JPEG file of at least 3,000 by 2,400 or four megabytes (MB). Panoramic photos are not allowed.

Photos that have won awards in previous "Ding" Darling Wildlife Society photo contests may not be resubmitted.

Judging will be anonymous. Do not put your name or anything that will identify you on your photograph.

Judging criteria:

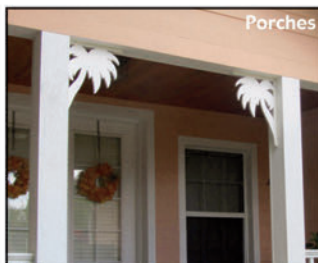
- 1) Technical excellence (sharpness, lighting, composition, exposure)
- 2) Originality/creativity
- 3) Interest
- 4) Ability to be reproduced for publication

Only limited image modifications are permitted. Minor manipulation should be used only to produce a more natural looking photograph. Cropping is allowed but adding any elements not existing in the original scene will not be accepted. Judges, at their discretion, will disqualify any photos that appear to be manipulated beyond these guidelines. All photo files will become the property of DDWS. Photos may be used by DDWS in any way with appropriate credit to the photographer.

There are three judges: a refuge staff person, a professional photographer and a member of the Sanibel community.✱



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CROW Offering Programs Labor Day Weekend

In honor of the Labor Day weekend, the Clinic for the Rehabilitation of Wildlife (CROW) AWC Visitor Education Center will be open on Saturday, August 31 from 10 a.m. to 4 p.m.

Daily presentations will be offered at 11 a.m. and 2 p.m. for visitors



Snakes of Southwest Florida is the topic of the 2 p.m. presentation

to engage with a staff member or student while learning more about the patients admitted to CROW's wildlife hospital. Presentations last approximately 45 minutes, and topics will include Birds of Prey at 11 a.m. and Snakes of Southwest Florida at 2 p.m. Presentations are included with general admission: \$12 for adults; \$7 for ages 4 to 12; and no charge for those age 3 and younger.

"Labor Day weekend is a busy time for the island, and we wanted to give folks an opportunity to visit and learn

about CROW," said Alison Charney Hussey, executive director for CROW. "We have even added a couple extra tours."

The Wildlife Walk guided hospital tours will be offered following both presentations. The guided tours take visitors behind the scenes for a look at the CROW staff in action. Tours focus on the rehabilitation process from admission to release along with providing information about CROW's history and student programs. Due to limited space, advance registration is required. Wildlife Walk guided hospital tours are \$25 per person and include general admission to the center.

CROW's AWC Visitor Education Center will be closed on Monday, September 2 for the Labor Day holiday and will remain closed throughout the following week for some fall cleaning. The center will re-open on Monday, September 9 at 10 a.m.

"This will give us a chance to do a deep cleaning of the animal exhibits and keep everything in good working order," said Hussey. "Of course, our wildlife hospital will remain open to receive any wildlife emergencies."

CROW's wildlife hospital is open 365 days a year from 8 a.m. to 5 p.m. to admit new patients. If you find an injured, sick or orphaned wild animal, call 472-3644 ext. 222. For after hours emergencies, visit www.crowclinic.org/found-animal for a list of drop-off locations.*

The Florida Fish and Wildlife Conservation Commission (FWC) encourages anglers to use proper handling methods when releasing snook to help ensure the fish's survival and the species' abundance for anglers today and generations to come. To learn more about catch-and-release and the best way to handle a fish, visit www.myfwc.com/marine and click on "Recreational Regulations" and "Fish Handling Tips."

A snook permit, as well as a recreational saltwater license, is required to harvest snook unless the angler is exempt from the recreational license requirements.

Researchers ask anglers who harvest the fish to save their filleted carcasses and provide them to the FWC by dropping them off at a participating bait and tackle store. For the county-by-county list, go to www.myfwc.com/research and click on "Saltwater," then "Snook" and "Snook Anglers Asked to Help with Research."

These carcasses provide biological data, including the size, age, maturity and sex of the catch. This information is important to the FWC in completing stock assessments.

Anglers can also report and record their catch data by using the Angler Action Foundation's iAngler app.

If you see a fishery violation, call the Wildlife Alert Program at 888-404-FWCC (3922).

Visit www.myfwc.com/marine and click on "Recreational Regulations" and "Snook" for more information including bag and size limits.*

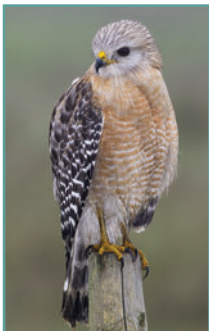
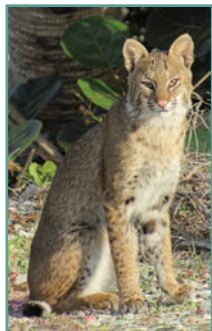
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Partnership For Food Rescue Program

The School District of Lee County recently announced a new partnership with the Harry Chapin Food Bank to make sure extra food does not go to waste. This pilot program is making its first donation on Friday, August 30.

"When we have long weekends or holiday breaks, we tend to have items that may perish while the students are gone," says Director of Food and Nutrition Services Lauren Couchois. "So we are thrilled to be joining forces with the Harry Chapin Food Bank to donate those items for the community's benefit."

Food and Nutrition Services orders and prepares food for students as much as possible on an as needed basis to prevent waste, but there will be produce and other items close to their expiration date that schools can choose to donate to Harry Chapin. The food items must be in their original container and kept cold if required. The food bank will then distribute those items to its clients.

"We are excited about this opportunity to reduce waste in the school system and increase the food the food bank is able to distribute to the community," says Harry Chapin Food Bank Programs Director Kari Lefort.*

Snook Season Opens Sunday

The recreational harvest season for snook starts September 1 statewide, with the exception of state waters from the Pasco-Hernando county line south to Gordon Pass in Collier County. These waters remain closed to harvest due to impacts from a severe red tide in 2018.

Unique to the region, snook are one of the many reasons Florida is the Fishing Capital of the World.

Bar Association Appoints New Director

Lauren Baugh is passionate about connecting people with the resources they need. As the new executive director of the Lee County Bar Association, she'll seek innovative ways to improve access to justice, encourage communication and promote a better understanding of the law.

"At the end of the day, the bar is about people – bar members and community members alike," Baugh said. "The legal profession plays such an important role in our society, and the bar should reflect that. Let's bring people together and exchange ideas."

Baugh wants to capitalize on social media and technology as a means to enhance existing connections and build new ones. She plans on continuing to enhance and promote the bar's Lawyer Referral Service, which recently received a tech-savvy upgrade, and she's envisioning ways to adapt traditional bar communication to emerging platforms.

"The future of the bar association and the future of technology are one and the same," she said.

A Lee County resident since the age of 3, Baugh has deep roots in the community. She graduated from Edison Community College and Bishop Verot High School, and she has worked in management, administration, bookkeeping and philanthropy. She has an 8-year-old daughter and is an active volunteer in her



Lauren Baugh

photo provided

school.

As well-connected as she is, Baugh's community focus extends well beyond her own circle. She founded a nonprofit organization called Shoes, Socks, Shirts & Smiles that collects clothing for the "houseless," a term she prefers instead of homeless.

"Home is where the heart is. Many people in need will always have a home in a certain regard. What they lack is a house," Baugh said. "If we're specific in the way we identify the problem, we're more likely to uncover the right solution."

Bar leaders were drawn to Baugh's ability to zero in on an issue and take swift action. She impressed with her proactive

approach to finding answers.

"Lauren has shown a lot of enthusiasm for this position and has expressed a lot of new, innovative ideas for implementation in her role as executive director," said John

Webb, president of the Lee County Bar Association. "We are excited to welcome Lauren and look forward to seeing the progress she will make in furtherance of the bar's mission."✱

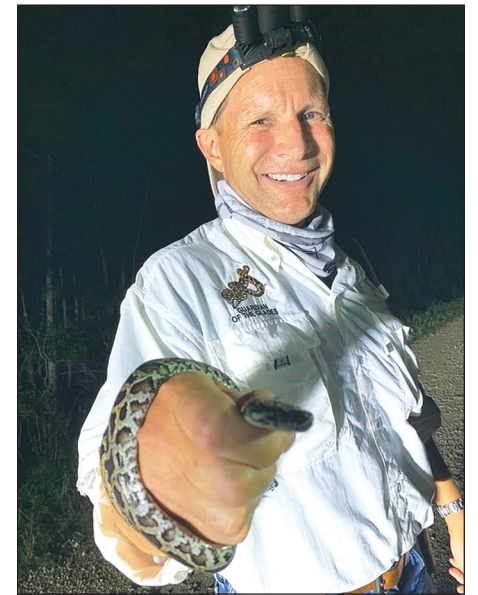
Water District Board Chair Joins In Python Hunt

Chauncey Goss, governing board chairman of the South Florida Water Management District (SFWMD), recently participated in a python hunt with SFWMD python hunter Geoff Roepstorff.

"The hunters are focused on removing the hatchlings during this time of year as they compete against our native hatchlings and will continue to decimate our mammal populations if not captured," said SFWMD Project Manager Mike Kirkland.

Roepstorff was successful in removing two python hatchlings during the hunt. His captures represent the 2,345th and 2,346th pythons removed by 26 SFWMD hunters in just over two years.

"This successful program has been a great way for SFWMD to exercise stewardship over the Everglades and the native species in that habitat," said Goss. "I am sincerely appreciative of the opportunity to see the hunters in action, especially as the district moves forward with the governor's new initiatives for the SFWMD Python Elimination Program."



Chauncey Goss

photo courtesy SFWMD

Goss' first ever python hunt followed the recent announcement by Gov. Ron DeSantis regarding the expansion of Florida's python eradication program into 130,000 acres of state parks. Gov. DeSantis also called on the SFWMD and the Florida Fish and Wildlife Conservation Commission to bring greater resources and collaboration, enhancing the python removal efforts begun in March 2017.✱

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Will Power

What Is Probate?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Every so often, I find it important to emphasize the importance of a topic. Most of the readers of this column know I've discussed the Florida probate process before, but I find that, without some reminding, I often forget things outside my normal scope of daily operation.

With that in mind, many people who visit with me in my office are under the misimpression that all wills avoid probate. False. Some people believe that if their estate is less than whatever the federal estate tax exemption is (currently the exemption is \$11.4 million), then there won't be a probate.

That's false too.

Almost any asset that is subject to disposition by your loved one's will is actually distributed by the probate process. Understanding what probate means, then, is crucial to understanding these issues.

Probate is a legal process under which the deceased's assets are transferred to their beneficiaries. The last will is filed with the probate court in the state and county in which the decedent resided at the time of his or her passing. This is known as the domiciliary estate. The personal representative (executor) in the will petitions the court for letters of administration, which gives the personal representative the authority to transact business on the estate's individually held accounts.

It does not matter whether bank and brokerage accounts are held in the same state in which the probate is opened. A bank account in New York, for example, is governed by the probate court in Florida.

If, however, the decedent owned real property in his or her individual name in another state, then an ancillary probate administration must usually be opened in that state. If the real estate is held in a trust, corporation, partnership, LLC, or in joint name, then the ancillary administration is usually not necessary.

Why is probate necessary? It's not just for attorneys to make fees, as many might expect. The probate process actually protects both the beneficiaries of your estate, as well as any potential creditors and, of course, the taxing authorities.

Imagine that there was no probate process. Suppose in a codicil to her will, your Aunt Wilhelmina left you her entire estate. But what if Aunt Wilhelmina dies

and your cousin brings a copy of her old will into the bank naming cousin as the beneficiary, and cousin demands that Aunt's accounts be distributed to him pursuant to the will? How does the bank know that this is really Aunt Wilhelmina's last will? What if your cousin beat you to the bank and you didn't realize it? What recourse would you have once the bank distributed to your cousin? The probate process protects against just this scenario and many others.

If you submit a will as the last will of Aunt Wilhelmina to the court, and someone else submits a codicil to the will to the same court, now we have a centralized system that can ensure Aunt Wilhelmina's wishes are carried out. The personal representative marshals all of the assets of the deceased and files an inventory with the court so all interested parties can determine in full light what the estate is worth. They can also question if the inventory is complete or may be missing assets.

Florida law provides that creditors have three months from the date of notice of publication of the probate administration to file a valid claim against the estate. There are laws that deal with creditors, how they are to make claims, and how the personal representative may object to any such claim. The personal representative actually has a duty to notify reasonably known creditors of the administration.

Once all of the creditor claims have either been dealt with and all tax clearances have been obtained, the personal representative submits an accounting of the estate to the court. All of the income and expenses are listed, as are items of capital gains and loss. The personal representative presents a schedule of proposed distributions pursuant to the terms of the will.

The distributions may be to beneficiaries, to trustees of testamentary (after death or continuing) trusts established under the terms of the will or, in the case of a pour-over will (a will that distributes all assets into a revocable living trust), distribute the probate assets to the decedent's trust.

All of the beneficiaries have the chance to object to any item listed in these petitions, and can appear before the court. A judge decides if any objection has merit.

Once all of the distributions have been made, the personal representative petitions to close the estate and be discharged from further obligations as a fiduciary for the estate. Receipts of distributions are filed with the court at this time.

So, as you can see, probate is actually a strictly supervised court (public) process. It is very hard for any foolery to get by a judge. In a future column, I'll compare this process to a trust administration, which is necessary when all assets are owned by a revocable living trust.

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Finalists Named For Industry Awards

Sixteen companies are finalists for the 2019 Industry Appreciation Awards, which celebrate Lee County's business community and recognize outstanding local businesses that have positively influenced Southwest Florida.

The finalists will be recognized and the winners will be announced on October 25, at the annual Industry Appreciation Award luncheon at the Hyatt Regency Coconut Point Resort in Bonita Springs. The event is presented by the Horizon Council, Horizon Foundation and Lee County Economic Development.

Businesses will be honored in five categories:

Business of the Year — Awarded to a Lee County company that has been in business six or more years under the same corporate name and ownership. The company must offer high-quality products and services, provide superior customer service, demonstrate strong ethical standards, be community-minded, actively support employee development, exhibit exemplary leadership within its industry and with its clients, and contribute to the economic growth and free enterprise of Lee County. The finalists in the small business (1 to 50 employees) category are: Chris-Tel Construction; Edison

National Bank; and ITVantage.

The finalists in the large business (51 or more employees) category are: MY Shower Door; Sanibel Captiva Community Bank; and Scotlynn USA Division.

Innovator of the Year — Recognizes a local business that develops innovative advanced technologies in its own business or industry and has had a positive economic impact in Lee County. The finalists are: AXI International; Honc Destruction; and Lamar Advertising of Fort Myers.

Manufacturer of the Year — Awarded to a Lee County manufacturing business that exhibits excellence in leadership, performance, profitability and workforce relations. The finalists are: Golden Manufacturing; HF scientific; and MY Shower Door.

Start Up of the Year — Awarded to a company founded in Lee County in the last three to five years that has overcome challenges and demonstrated continued growth in revenue and staffing to emerge as a business leader. The finalists are: Architectural Metal Flashings; and Creative Architectural Resin Products

Community Steward of the Year — Awarded to a company that partners with nonprofits, community organizations and programs to improve the quality of business and civic life in Lee County through financial or volunteer support. The finalists are: Cushman & Wakefield Commercial Property Southwest Florida; Markham Norton Mosteller Wright and Company;

and Sullivan State Farm Agencies.

See how previous winners blazed a trail to success at www.leecountybusiness.com/iaw.✧

New Airport Traffic Control Tower At Airport

The Lee County Port Authority, Board of Port Commissioners, county officials, business partners and other state and federal representatives recently held a groundbreaking ceremony marking the official start of the construction phase for a new Airport Traffic Control Tower (ATCT) and Terminal Radar Approach Control (TRACON) facility at Southwest Florida International Airport (RSW) in Fort Myers.

The new ATCT is an \$80 million project that will replace the current tower, built in 1982, with a state-of-the-art facility located next to the airport's Aircraft Rescue & Fire Fighting Station. The ATCT project is funded with money from the Florida Department of Transportation and airport passenger facility charges. The construction phase of the ATCT will support more than 300 jobs, and operation of the tower is planned for summer 2022.

"With record-breaking passenger growth during the past several decades, the new Airport Traffic Control Tower project is a crucial investment in RSW's

infrastructure and will enhance the safety and capacity at Southwest Florida International Airport," said Jeff Mulder, A.A.E, executive director of the Lee County Port Authority. "Commercial air transportation is vital to our community as it connects our region to the rest of the world and allows us access to an increasingly global marketplace."

The new tower will be approximately 200 feet tall from the ground to the cab roof, which is more than twice the height of the existing tower. Federal Aviation Administration (FAA) Air Traffic Controllers will be able to view the entire airport and runway approaches under the current and future parallel runway configurations for both air and ground control.

"We will equip the new tower with the latest technologies so FAA Air Traffic Controllers can continue to provide the safest, most efficient service for flights at RSW for decades to come," said Michael O'Harra, regional administrator for the FAA Southern Region. "Strengthening the infrastructure at this growing airport will benefit travelers in Fort Myers and throughout the National Airspace System."

Southwest Florida International Airport served nearly 9.4 million passengers in 2018 and is on pace to reach 10 million passengers in 2019. Southwest Florida International Airport is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction. For more information, visit www.flylcpa.com.✧

Book Review

The Summer Of '69



by Di Saggau

The Summer of '69 is Elin Hilderbrand's first historical novel, and it's a fascinating tale about four siblings who experience all the details of an era that shaped our nation. It takes

us back 50 years to Woodstock, the moon landing, Chappaquiddick and the tumultuous summer spent by the Levin family at their grandmother's historic home in downtown Nantucket. This is an entertaining novel about a family who weathers some very tough times before finding redemption.

Blair, Kirby and Tiger are all biological siblings, children of Kate and her first husband Lieutenant Wilder Foley. Jessie, the youngest, is the child of Kate and her second husband David Levin. Blair is married to Angus Whalen, a professor of astrophysics at MIT, who is involved with the Apollo 11 landing. She met him while dating his younger brother Joey, and is pregnant with twins. Kirby is caught up in the civil rights protests and falls for an African American guy much to his parents disapproval. Tiger has been recently deployed to Vietnam, and Jessie feels marooned in a house with a grandmother to whom she cannot relate. Grandmother Exalta, Kate's mother, is a marvelous piece of work. She adored Kate's first husband but doesn't care for her second, even though he is obviously the better man. Kate feels certain that the reason

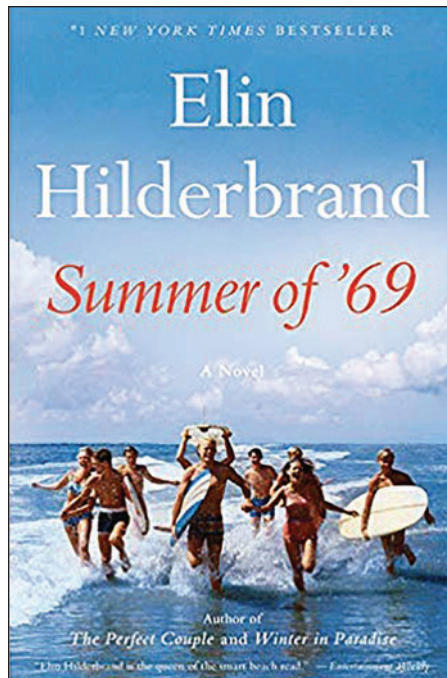


image provided

her beloved son Tiger is in Vietnam is payback for something she did 16 years ago. With his departure, she slips into an alcoholic haze. Along with her mother, she is hiding a secret. Hilderbrand's descriptions of her characters make them stand out individually. Her narrative couldn't be better, and those adoring letters throughout the book between Tiger, from the central highlands of Vietnam, and young Jessie provide a warm emotional experience.

The Summer of '69 is being hailed as a great beach read and while that is true, I feel the book deserves better praise. The book is breezy and also gritty with characters you can relate to as they come to grips with their personal challenges during one of the most tumultuous summers of the 20th century.✱

of dietary fiber as well as protein, which can help kids feel satisfied while fueling their learning, activity and growth."

Rebecca Dittkoff, NYC-based registered dietitian, says that a balanced lunch includes three macronutrients: protein, carbohydrates and fat. "Ideally, proteins will be lean options such as chicken, turkey, eggs or tuna; carbohydrates will come from whole grains like whole wheat bread or pasta, brown rice, quinoa or starchy veggies potatoes; and fats will come from mainly unsaturated sources such as avocado, nuts."

Lunch is an important time to incorporate vegetables into a kid's diet. Meredith Price, a registered dietitian nutritionist said to include one or two vegetables in a sandwich to get kids more exposed to them.

"That can even just be lettuce and tomato — it doesn't have to be fancy," Price said. "This way you'll use less of another filling, like a processed meat or cheese, which will reduce sodium and fat content [of a sandwich]." She also recommended using hummus or smashed avocado instead of other condiments and experimenting with plant-based versions of foods so that your child will raise their veggie consumption.

These three nutritionists have suggested some sandwiches that are healthy and meet most of the requirements that they consider important for a healthy lunch. The sandwiches below are ranked according to the three nutritionists' input and are based on the sandwich fillings but

include personal selections of bread or condiments. Here are their top six suggestions.

Wrap with hummus and vegetables (spinach-and-herb tortilla, classic hummus, sliced vegetables)

1. Tuna salad sandwich (tuna, mayonnaise)

2. Deli chicken breast and cheddar sandwich (deli-sliced rotisserie chicken breast, thin-sliced mild cheddar)

3. Turkey and Swiss sandwich (deli-sliced oven-roasted turkey, thin-sliced Swiss cheese)

4. Peanut butter and jelly sandwich (creamy peanut butter, grape jelly)

5. Ham and American cheese sandwich (deli-smoked ham, American cheese slices)

6. Cheese quesadilla (Mexican-style shredded four-cheese blend, flour tortillas)

These ideas may seem insignificant but a healthy lunch and feeling secure in the lunchroom can be powerful for your child. If they are more comfortable in the lunch room and eat a healthy lunch, their day will be better.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

School Smart



by Shelley M. Greggs, NCSP

Dear Readers, School lunch time is not relaxing. Cafeterias are noisy, crowded, sometimes dirty and filled with obstacles for kids. There may be

physical obstacles such as maneuvering through the lunch line and finding a place to sit. There are certainly social obstacles that can become more significant as kids get older with blatant bullying and social exclusionary behaviors. Kids have a very limited amount of time to eat their lunch, go to the restroom and get back to class on time. Some schools have implemented creative ways to work through lunchroom issues, but most have not.

Below are a couple of ideas to help with some of the concerns that kids face in the lunchroom.

With younger kids, practice eating a "school lunch." Make sure they can open everything you send with them. Talk about not eating off of the table in the lunchroom. Set a timer for 20 minutes or whatever amount of time is allowed and talk about how they may not finish eating and that's ok. Practice packing everything back up and talk about what is trash and what should come back home in their lunch box. Be specific about which lunch items they can share with friends. If your school has a donation table for unwanted items, make sure to explain that to your child as well.

Make sure your child has a nutritious lunch. They cannot be expected to learn if they have eaten lots of over-processed foods and sugary items. Here are some expert ideas from dietitians for preparing a healthy sandwich and lunch for school (or work).

Kathryn Riner, a pediatric dietitian, says that, "ideally a sandwich offers some nutritional benefit and physical satiety so that kids are not distracted by hunger while also meeting their nutritional needs with food they enjoy. I like to recommend including a source

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Advertising Federation Returns To Area

The newly re-launched American Advertising Federation: Southwest Florida (AAF-SWFL) chapter officially began its tenure on July 1 with a kickoff event and swearing-in ceremony in downtown Fort Myers on July 25.

AAF-SWFL is a professional advertising club and political action organization devoted to the protection and promotion of advertising in Southwest Florida. Now accepting membership applications, AAF-SWFL is open to advertisers, agencies, media companies and advertising service providers in Lee, Collier, Charlotte, Glades and Hendry counties. For more information on AAF-SWFL and to become a member, visit www.aafswfl.com.

The following advertising professionals were sworn in as board members of the organization:

Tim Hennessy – President
Kate Kintz – Vice President
Jim Wyatt – Treasurer
Julie Lawrence – Secretary



Board of directors and board of trustees for the American Advertising Federation: Southwest Florida

photo provided

Wendy Payton – Immediate Past President
Don Gross – Membership Chair
Chris Wright-Isak – Education Chair
Josh Pope – Creative Director
Erin Donati – Events Chair
Josh Milton – Communications Chair

Stephen Gray-Blancett – ADDY Chair
Earl Quenzel – Public Service Chair
Laura Brandano – At-Large
Bob Beville – At-Large
Nancy Solliday – At-Large
Teri Hansen – At-Large
Also sworn in were the organization's

board of trustees:
Wendy Payton – Chair
Gary Firestone
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Stephen Gray-Blancett
Steve Hagewood
Christopher Spiro.✱

Financial Focus

New Child? Consider These Financial Moves



by Jennifer Basey

If a new child has entered your life, you are no doubt full of joy today with hopes for the future. And, you can help make that future a brighter one for your child and your family by taking some

important steps in these areas:

College – Given the consistently rising costs of higher education, the earlier you start your savings and investment plans, the better off you will likely be. While it may be difficult to set aside money for education when you're still a young family, planning to cram at the last minute is not a good idea. Time is one of your biggest assets, and delaying even a few years can have a big effect on your portfolio's value.

In addition, just like regular attendance is crucial for success in school, setting aside money every month can help make a difference in reaching your family's education savings goals. Developing a strategy for achieving your education savings goal can help you stay on track. And, if you have other goals, such as saving for retirement, it's important to address how they fit into your overall financial strategy.

Insurance – If you did not have life insurance before, you may want to consider it now. Ask yourself: If something happened to me, would my child be able to stay in the same house? Receive an education? Enjoy a

comfortable lifestyle? Even if you have an actively involved co-parent with a steady income, it still might not be enough to take care of your child in the way you would have wanted. Consequently, you may need life insurance – and you might need other types of protection, too, such as disability insurance.

Estate plans – With luck, you will live to see your children as adults who have found their way in the world. Still, it's best to be prepared for anything – which means you should draw up your estate plans well before they are likely to be needed. Among other things, you may want to name someone to serve as your child's guardian if you – and your co-parent, if one is involved – are not around. And because a minor generally cannot inherit money or property, you may also want to appoint a conservator to act as a guardian over whatever financial assets your child might inherit until the child is of age, which will be age 18 or 21, depending on where you live. Your legal professional can help you determine whether you should write a will and possibly create other estate planning documents, such as a living trust.

Even when you devote the time and money necessary to your new child, you can't forget about yourself and your own needs – in particular, you must save and invest for retirement. Contribute as much as you can afford to the retirement accounts available to you, such as your 401(k) and IRA. After all, the more you put away, the less likely the need for your child to help support you later in life.

You'll have much to think about when you welcome a new child to your family, but by taking the time to make the appropriate financial moves, you can help make the transition a positive one.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

Superior Interiors

Summer Colors: Cool Tones For Warm Weather



by Jeanie Tinch

Color is a powerful thing that tells a story. Each hue and tone can inspire a thought or feeling that can change the atmosphere effortlessly. In the summer, for example, the

sunshine and hot temperatures make you eager for something cold and refreshing. So instead of surrounding yourself in a warm color palette, you can revitalize with cool tones that spark a sense of tranquility.

It's helpful to understand the difference between warm and cool colors, especially if you plan on redecorating your home for a new season. For those who want to reshape a room or change the entire color scheme in your house, let's look at how certain colors are perceived and different ways to spread them throughout your design this summer.

Warm colors vs. cool tones – Warm colors are stimulating. Hues of red, orange, yellow and bright white each have a quality of warmth that makes you crave them when you feel exhilarated or, in its simplest form, warm. These hues are often used in advertisements, and they also tend to color the walls of restaurants and bars, all in an effort to stimulate you to buy something.

On the other end of the spectrum – literally – cool colors are calmer and more tranquil. Shades of browns, grays, purples, greens and blues as well as toned-down off-whites inspire us to focus and stay peaceful and comfortable. The uniforms

of police officers and flight attendants are often shades of blue. Additionally, rooms like the nursery, office and bedroom can benefit from cool tones to initiate calmness and focus.

Consider using cool colors in summer home design – Hot summer days can be exhausting. Throw in too many warm colors in your home design and you might find yourself feeling claustrophobic. If you're interested in redecorating while it's hot outside, consider the following tips for incorporating cool tones.

Invest in new patio furniture covers in shades of blue or violet. You can also cover the foundation in fresh greenery to create a serene outdoor oasis on a warm, busy day.

In the living room, create a space for your guests to escape to when it's just too hot to hang out in the sunshine. You can invest in gorgeous nature-inspired wall art and accessories like bamboo flower vases and wooden plant tables.

Cooking in a space that sparks inspiration can make your meals better than ever. Consider growing your own herbs and hanging them in a planter that lines your kitchen wall. You can also decorate with shades of green and purple – a large area rug can keep the floor tidy and stylish.

Whether you're redecorating your own bedroom or getting ready to design the nursery for a soon-to-be baby, cool tones of blue and gray make the perfect color palette, encouraging a calm, tranquil area for sleep.

The art of color in design can be a complicated matter. If you're still not sure how to use cool tones in your home this summer, contact a design professional to evaluate your space and offer insight based on the colors you're considering. From there, he or she will provide suggestions for hues and how to use them in decor, furniture and more.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindcedden.com.✱

Board Training Seminar Returns In November

The Southwest Florida Community Foundation will bring back nationally renowned author and TED talk speaker Dan Pallotta on Saturday, November 2 for a one-day board training seminar for nonprofit leaders and their board members at the Collaboratory.

Designed specifically for nonprofit boards, The Bolder Board Training teaches how to work with CEOs to create possibilities for impact.

"This training was so successful last fall and sold out, so we wanted to bring Dan back for those that either missed his first visit or previous attendees that want to learn more," said Sarah Owen, president and CEO of the Southwest Florida Community Foundation. "This is not a traditional training on governance and finance, but a one-day event that is an immersion in possibility and aspiration that positively disrupts traditional ways of thinking. It is part lecture, part workshop."

The Bolder Board Training will take place from 8 a.m. to 4 p.m. Cost is \$150 per person and tables for four or eight are available for nonprofits. Seating is limited, and the event is expected to sell out.

Organizations are encouraged to bring as many of their board members as possible. The training can also serve as a powerful first day to a board retreat.

"Having the ability to participate in the Bolder Board Training empowered our organization's board to articulate and pursue bold possibilities to create impact for the autism community," said David Brown, MSW, president, Family Initiative, Incorporated. "Our entire leadership group was moved and inspired by the immersion into Dan Pallotta's vision for what's possible. It is an incredibly rare and wonderful opportunity to spend the day in the room of community leaders so closely with Dan's insight."

Pollotta is an American entrepreneur, author and humanitarian activist who invented the multi-day charitable event industry with the AIDS Rides and Breast Cancer 3-Days, which raised over half a billion dollars in nine years and were the subject of one of the first Harvard Business School case studies on social enterprise. His 2013 TED talk on philanthropy is one of the 100



Dan Pallotta

photo provided

most-viewed TED talks of all time. Pollotta's book *Uncharitable* is the best-selling title in the history of Tufts University Press. He is also a regular contributor to *Harvard Business Review* online and is widely credited with changing the national conversation about impact and overhead in charity in America.

Community Foundation's Collaboratory is located at 2031 Jackson Street in downtown Fort Myers. For reservations, visit www.floridacommunity.com/bolder-board-training.✽

Free Service To Aid In Potential Property Fraud

Lee County property owners can now sign up for a new free service to alert themselves of potential property fraud, Clerk Linda Doggett recently announced.

Property Fraud Alert emails notifications to subscribers within 48 hours whenever a lien, deed, mortgage or other land record with their registered name on it has been recorded into the Clerk's official records. This notification does not apply to documents filed in court proceedings.

According to the FBI, property and mortgage fraud is one of the

fastest-growing white-collar crimes. Scammers file fraudulent deeds, making it appear as if they own the property. This type of fraud can go undetected if the property owner does not periodically check the official records. Although checking does not prevent the actual fraudulent activity from occurring, it does provide an early warning of what may have otherwise gone undetected.

"We invest in insurance and security systems to protect valuables inside our houses, but we often forget about our actual homes and property," Doggett said.

All property owners in Lee County are encouraged to sign up and begin protecting their property. To subscribe or learn more, visit www.leeclerk.org/propertyfraud.

After registering and confirming your email address, any time a document is recorded in Lee County that matches the name that you registered, you will be alerted by email. A link is provided in the email to easily view the recorded document.

If you register with a common name, you may receive an alert for a legitimate record that pertains to another individual with the same name.

"Reviewing your property records is an important way to protect you from fraud. I encourage you to sign up today and take advantage of this free service" Doggett said.

Anybody who believes they have been the victim of property fraud should contact the Lee County Sheriff's Office at 477-1000.✽

Local Media Pros To Share Coverage Tips

Several prominent media figures will share their secrets of what the media is looking for during the Above Board Chamber of Florida's upcoming How to Get Discovered by the Media luncheon at the Crowne Plaza Fort Myers at Bell Tower Shops on Thursday, September 12 from 11 a.m. to 1:30 p.m.

CONRIC PR & Marketing Vice President of Media Relations Josh Milton and Communications Editor Tom Hayden will co-host the following panel:

Amanda Hall, anchor, WINK
Paul Lodato, general manager, CTN Southwest Florida
Steve McQuilkin, storytelling coach, *The News-Press*
Bob Massey, Charlotte editor, *Florida Weekly*
Karen Moore, publisher, *Southwest Florida Business Today*
Rachel Pierce, anchor, NBC2
Jay Schlichter, Collier/Lee editor, *Business Observer*.

The chamber is giving away nearly \$40,000 worth of commercial time, ad placement and other prizes at the meeting and a second meeting in Naples. Only those who attend the meetings as chamber members are eligible to receive the prizes. Visit www.aboveboardchamber.com to join.

Sponsors for the event are Connie
continued on page 23

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Frankly Speaking



by Howard Prager

Lots of Florida (and nearby) sports news this week. First off, the NCAA football kickoff classic between the University of Florida Gators and University of Miami Hurricanes last Saturday. A great matchup? How about a sloppy mess with poor play by both teams, leading to Florida dropping out of the USA Today Top 25 before the rest of the NCAA even kicks off?! Miami was not expected to play well – new coach, young offensive line, new freshman QB Jarren Williams who beat out two other strong QBs on Miami and on this night beat out Florida’s Feleipe Franks as well. And Williams shined

despite suffering 10 sacks by Florida, showing the numerous holes in the Miami offensive line. But there wasn’t much to celebrate. Too many turnovers, too many penalties, the latter which you might expect in an early season game. Yet turnovers almost cost Florida the game, as well as dumb plays. You get the ball back after you score a go-ahead TD in the fourth quarter, wouldn’t you think that a ball control offense was in order? Nope, Franks threw a pass that was intercepted by Miami. Fortunately for the Gators, Miami couldn’t move the ball and this time, after they turned it over on downs, Florida wisely held onto the ball and ran out the clock. Ugly.

Sad. Vince Naimoli who brought Major League Baseball (MLB) to Tampa passed away at only 81. As far back as the 1960s, Tampa Bay tried to get an MLB franchise, and several teams from the north flirted with the idea of moving to the Suncoast Dome. The Tampa Bay Devil Rays were an expansion team that started playing in 1998. Although

they didn’t win during Naimoli’s time of ownership, without him MLB would not be in the Tampa area.

Big numbers. Rory McIlroy won the largest check in golf history – \$15 million – to push his haul to more than \$23 million this season and win the Tour championship in nearby Atlanta. McIlroy and Tiger Woods are the only players to win the FedEx Cup twice. McIlroy won the FedEx Cup in 2016, and now he did it again this year.

I have yet to write about the Fort Myers Miracle, but they certainly look strong as they head towards the playoffs against the red-hot Charlotte Stone Crabs and perhaps a championship two years in a row. What the Miracle can feel good about is their 38-26 road record this season. That .593 winning percentage would be the best in franchise history (since 1992). That said, they have lost the last eight of 13 on the road, so they need to still win some for that record to stand. They have five road games left against Dunedin which they will have played by

the time you’re reading this, a grueling two doubleheaders in a row followed by a single game, weather permitting.

Finally, ready to dance? My fun item of the week is about the World Tango Championship, in Buenos Aires, Argentina of course. At age 99 (one month before he turns 100), James McManus flew from Ireland to Argentina to compete. He discovered the tango less than 20 years ago, took dance lessons and could not stop dancing. So when his family gave him a birthday gift of a trip to Argentina at the same time as the championships, he said why not? No fairy tale ending here, except his comment when he and his partner lost in the qualifying stages of the tournament. “Maybe next year I will make a better effort.”

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.

Dunbar High Hires Baseball Coach

Keith Goodwin has been named the head boys baseball coach at Dunbar High School.

Carl Burnside, Dunbar High School principal, made the announcement this afternoon. “Coach Goodwin has had an impressive career not only as a baseball coach but also as a baseball player. We look forward to having him lead our boy’s baseball program for the years to come.”

After a standout high school career in Louisiana, Coach Goodwin’s background includes being a professional baseball player in the United States and Canada. He was a player in the Boston Red Sox organization for five years and played professional baseball for a total of eight years. During his tenure in the minor leagues, he was part of two minor league championships.

After retiring from pro baseball, Coach Goodwin was a baseball instructor and coach with Ultimate Baseball in Louisiana. He later went on to become manager of Bandits Baseball of SW Florida, managing and coaching baseball teams from ages 10 to 18. He then went on to provide clinics, camps and lessons with both IMPACT Sports Productions, which he was president. Coach Goodwin also has served as owner/manager of the Gulf Coast Baseball Academy Blacksox and works for the Team Elite and Elite Athletics organization.

Over the years, Goodwin has coached youth in baseball and has accumulated three state and three national championships. In the interview process, he shared that developing players in his community has taught him patience and responsibility. He has played a critical role in the development of some of the premier players in professional and college baseball.*

SPORTS QUIZ

1. Entering 2019, who were the only two pitchers in the past 100 years to allow one hit and no walks with at least nine strikeouts in their major-league debut?
2. Who of these onetime Los Angeles Dodgers teammates pitched more major-league innings for their career: Tommy John or Don Sutton?
3. When was the last time before the 2017 season that New Mexico State’s football team won a bowl game?
4. Name the last season before 2018-19 in which the Milwaukee Bucks advanced to at least the second round of the NBA playoffs.
5. How many consecutive years has the U.S. team won the IIHF Ice Hockey Women’s World Championship?
6. In 2019, skier Mikaela Shiffrin became the third woman to win four discipline titles in a single year. Name either of the other two to do it.
7. Who was the last golfer before Brooks Koepka in 2019 (PGA Championship) to have at least a seven-shot lead at the halfway point of a men’s golf major?

ANSWERS

1. Cincinnati’s Johnny Cueto (2008) and Pittsburgh’s Nick Kingham (2018). 2. Don Sutton tallied 5,282 innings over 23 seasons, while Tommy John pitched 4,710 innings over 26 seasons. 3. It was 1960. 4. It was 2000-01, when the Bucks reached the Eastern Conference Finals. 5. Five consecutive years. 6. Lindsey Vonn (2010, 2012) and Tina Maze (2013). 7. Henry Cotton had a nine-stroke lead after 36 holes of the 1934 British Open.

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LARC To Honor Exceptional Employers

Lee Association for Remarkable Citizens (LARC) is hosting the inaugural Exceptional Employers of Southwest Florida event at The Collaboratory on Thursday, September 12 from 7:30 to 10 a.m. The event is free and open to the public. Advance registration is requested. The purpose of the event is to recognize exceptional employers in the community that have hired individuals with intellectual and developmental disabilities.

Exceptional Employers of Southwest Florida will include a light breakfast, networking and a panel discussion with local business owners and executives discussing best practices for employing individuals with disabilities. Panelists include Brian West, media and communications manager of Publix Super Markets; Pat Carroll, co-founder of Carroll Properties Investments; and David Mulicka, owner of Honc Destruction.

"We are recognizing the unique talents that individuals with intellectual and developmental disabilities bring to the workplace," said Angela Katz, LARC development director. "They are capable and are some of the most dedicated and reliable employees any business could want. We encourage companies that are currently employing people with different abilities to attend, as well as those who are interested in building a diverse workplace."

"Individuals with disabilities offer a broad pool of talents and tend to stay on the job longer than employees without disabilities," said Carroll. "Given the opportunity, they are able to show their skills, loyalty and determination, and become successful members of the community. Hiring people with exceptional abilities is a win-win for everyone."

Businesses who employ people who are differently able are encouraged to register in advance so that they can be recognized at the event. To register as an exceptional employer or to register as an attendee, visit www.larccounty.org/events.

Event sponsorships are available. For more information, contact Katz at

334-6285 ext. 229 or angelakatz@larccounty.org.

The Southwest Florida Community Foundation's Collaboratory is located at 2031 Jackson Street in Fort Myers. To learn more about LARC, visit www.larccounty.org ✨

Real Estate Group Meeting

How are real estate projects adapting to changing market demographics? What design innovations are emerging? Answers to these and related development issues will be presented at the Real Estate Investment Society's (REIS) luncheon meeting in the Osprey Room at Pelican Preserve's Clubhouse on Tuesday, September 10 at 11:45 a.m.

Lesley Deutch, principal with John Burns Real Estate Consulting, is the guest speaker. Following her presentation, she will respond to questions of interest to the real estate investment and development industry.

Deutch has been with John Burns Real Estate Consulting since 2008 and leads all custom consulting projects on the east coast, in addition to commercial real estate assignments. Previously, she was vice president in the Global Real Estate Division of Deutsche Bank in New York, where she authored reports on real estate and economic conditions in major U.S. metropolitan areas, and wrote due diligence reports for RREEF (owned by Deutsche Bank) acquisitions across the country. Currently, Deutch serves as a member of the Community Development Council (Green) for the Urban Land Institute (ULI) nationally, the Multifamily Development Council for ULI in Florida and is a member of the UF Real Estate Advisory Board. She holds a bachelor of science degree from the Wharton School and bachelor of arts degree in economics from the University of Pennsylvania.

The meeting is sponsored by GHD. Admission is \$30 for members and \$40 for guests, which includes lunch. Reservations are required by September 5.

Pelican Preserve's Clubhouse is located at 10561 Veneto Drive in Fort Myers. To make reservations, visit www.reis-swfl.org. ✨

From page 1

Broadway Palm

her that he fixes Hoovers for a living, she asks him to fix hers and, in return, she will pay him with music. Both Gerhard and Lotz make beautiful music together. You also feel the romantic chemistry between them. The show is not sentimental, it's charming, funny, entertaining and something one can relate to. It's about two people who become soulmates and provide support and understanding when it's needed the most.

Songs include the 2007 Oscar

winning *Falling Slowly* and a host of others. The movement on stage by all the actors is unlike anything I've ever seen before in a musical. Instead of a choreographer, there is a movement captain (Marta Rymer) and the numbers are spectacular.

Do yourself a favor and plan to see *Once*, playing through September 28 at Broadway Palm. There is a special with tickets for anyone age 25 and under at just \$25 for the meal and show. For tickets and more information, call 278-4422, visit www.broadwaypalm.com or stop by the box office at 1380 Colonial Boulevard in Fort Myers. ✨



The 2019-20 officers of the Pilot Club of Fort Myers are, standing from left, Linda Hessler, treasurer; Maryann Schmidt, vice president; Fran D'Alessandro, president; and Jody Van Cooney, secretary. Seated, from left, are board members Patsy Tortora and Diane Jensen. Absent for the picture was board member Joan Schwiebert. photo provided

Pilot Club Installs 2019-20 Officers

The focus of the Pilot Club of Fort Myers is helping organizations seeking to improve the quality of life for individuals with brain-related

disorders through volunteer activities, education and financial support.

The club name came from a riverboat pilot who could steer safely through troubled waters. The club's motto is "do more, care more, and be more."

For more information about the Pilot Club, contact president Fran D'Alessandro at 332-1140. ✨

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Jennifer Siegal Miller photos provided

Sponsors Needed For Voices Of Hope Gala

Guardian ad Litem Foundation, 20th Judicial Circuit, is seeking sponsors for its inaugural Voices of Hope Gala at The Club at Grandezza on Saturday, March 28 at 6 p.m.

Voices of Hope Gala, which is a new signature fundraising event to build awareness and support for programs helping Southwest Florida youth in the child welfare system, will include dinner, entertainment and a live auction. Event tickets are \$250 per person.

Guardian ad Litem Foundation has announced five sponsorship levels – Champion of Hope (\$10,000), Defender of Justice (\$7,500), Guardian Ally (\$6,000), Advocate Angel (\$5,000) and Child Protector (\$2,500). Sponsorship benefits include gala tickets and reserved tables; opportunities to provide promotional items in gift bags and speak on stage at the event; media interviews; and recognition at the event, on social media and in event marketing materials.

“Because the gala is a new event, all sponsorship levels are available, including the coveted Champion of Hope sponsor



Peter Knize

that will receive premium recognition and benefits,” said Roxanne Dyer, executive director for the Guardian ad Litem Foundation. “The business community in Southwest Florida is known for its generosity, especially when it comes to children’s causes, and we’re hopeful that proceeds from the Voices for Hope Gala will help us continue serving local children in need.”

Guardian ad Litem provides trained, court-certified volunteer advocates who serve as the “voice” for abused, neglected and abandoned youth in Southwest Florida as they navigate the judicial, education and child welfare systems. The foundation raises money to recruit, train and support volunteer child advocates, as well as provide financial assistance to help meet a child’s basic and developmental needs.

Co-chairing the Voices of Hope Gala are Jennifer Siegal-Miller, an associate in the Naples law office of Henderson, Franklin, Starnes & Holt, PA; and Peter Knize, senior vice president of estate administration for The Naples Trust Company/The Sanibel-Captiva Trust Company.

The Club at Grandezza, 11481 Grande Oak Boulevard in Estero. For more information about sponsorship or ticket opportunities, visit www.voicesforkids.org/events/2020-gala or call 533-1435.*

Health Centers To Improve Quality Through Grant

The U.S. Department of Health and Human Services (HHS) recently announced \$4,685,227 in Quality Improvement Awards to 45 health centers in Florida. Funded by the Health Resources and Services Administration (HRSA), Florida health centers will use these awards to improve the quality, efficiency and value of the health care they provide.

“President Trump’s vision for healthcare aims to deliver Americans better value from the care they receive and, ultimately, better health. Community health centers have consistently delivered these kinds of results, including high-quality primary care at a significantly lower cost than their peers and above-average results in controlling chronic conditions,” said HHS Secretary Alex Azar. “This week’s awards recognize especially high-achieving health centers. America’s health centers are essential to producing results on our actionable public health challenges, like HIV/AIDS and the opioid crisis, as well as to building a healthcare system that delivers better value and puts the patient at the center.”

By providing patients access to high quality, value-based care, health centers are uniquely positioned to meet the nation’s most pressing health care needs, as well as emerging health priorities. HRSA-funded health centers are the first line of care in combatting the nation’s opioid crisis. In 2018, health centers screened nearly 1.1 million people for substance use disorder and ultimately provided medication-assisted treatment to nearly 95,000 patients nationwide.

HRSA-funded health centers are also playing an important role in the White House Initiative Ending the HIV Epidemic by serving as a key point of entry for the detection, diagnosis, prevention and treatment of HIV. In 2018 alone, health centers provided

over 2.4 million HIV tests to more than two million patients. Nationwide, health centers provide care to one in six patients diagnosed with HIV.

HRSA’s Quality Improvement Awards recognize the work that health centers do to address health priorities by designating health centers that ranked in the top one to two percent in one or more key areas – behavioral health, diabetes prevention and management and heart health – as National Quality Leaders. The top 30 percent of health centers that achieve the best overall clinical performance receive designation as Health Center Quality Leaders.

These awards also recognize health center achievements in other areas, including improving cost-efficient care delivery while also increasing quality of care, reducing health disparities, increasing both the number of patients served and patients’ ability to access comprehensive services, advancing the use of health information technology and delivering patient-centered care.

“HRSA-funded health centers continue to lead the U.S. healthcare system in providing quality, value-based care to their communities,” said HRSA Acting Administrator Tom Engels. “Today, we are recognizing nearly all HRSA-funded health centers for their continued improvements on clinical quality measures and supporting them to continue as quality leaders nationwide in the years to come.”

For more than 50 years, health centers have delivered affordable, accessible, quality and cost-effective primary health care services to patients. Today, nearly 1,400 health centers operate approximately 12,000 service delivery sites that provide care to more than 28 million patients nationwide.

For a list of 2019 Quality Improvement Awards recipients, visit www.bphc.hrsa.gov/programopportunities/fundingopportunities/qualityimprovement/index.html.

To learn more about HRSA’s Health Center Program, visit www.bphc.hrsa.gov/about. To locate a HRSA-funded health center, visit www.findahealthcenter.hrsa.gov.*

Relief Available For Seniors With High Energy Bills

The hottest months of the year are almost behind us, but the electric bills that follow can be devastating for seniors with limited incomes. Fortunately, older adults with a home energy emergency may be eligible for the Emergency Home Energy Assistance Program (EHEAP).

EHEAP assists low-income households with at least one person age 60 or over. The program is available for those facing a delinquent power bill, lack of fuel, or an electric shut-off notice. Eligible households may be

provided one benefit per season: The cooling season runs April to September, and the heating season runs October to March. Payments are made directly to the vendor or by a two-party check to the vendor and client for electricity, natural gas, propane, fuel oil, kerosene, or wood. In the cooling season, program beneficiaries may also receive vouchers to purchase fans.

To be eligible, households must have a documented cooling or heating emergency, at least one individual age 60 or older in the home, and a gross household annual income equal or less than 150 percent of federal poverty guidelines. Currently, those limits are \$19,210 annually for a single householder or \$24,690 for a two-person household.

EHEAP funds are administered

by the Area Agency on Aging for Southwest Florida (AAASWFL) and the Florida Department of Elder Affairs. EHEAP is managed by AAASWFL’s designated lead agencies in each county. The Lee County lead agency is Friendship Centers, and in Collier County, the county division of community and human services is the lead agency.

To apply for EHEAP funds, prospective applicants should contact the lead agency in their county, or contact the AAASWFL Elder Helpline at 866-413-5337 (866-41-ELDER).

The Area Agency on Aging can guide low-income seniors to other assistance programs, in addition to EHEAP. AAASWFL performs the state’s required assessments for government-funded home and

community-based services, including home-delivered meals. Additionally, SHINE (Serving Health Insurance Needs of Elders) Counselors from the Area Agency on Aging can assist low-income Medicare beneficiaries with applications for cost-saving programs that can reduce or eliminate some Medicare copays and deductibles.

For all of these programs, call AAASWFL’s toll-free Elder Helpline at 1-866-413-5337 (866-41-ELDER).

Currently celebrating its 40th year of service, Area Agency on Aging for Southwest Florida is a nonprofit organization serving Charlotte, Collier, DeSoto, Glades, Hendry, Lee, and Sarasota Counties. For more information, visit www.aaswfl.org or call the toll-free Helpline at 866-413-5337 (866-41-ELDER).*



Ann Costello photo provided

LARC Receives Grant From Foundation

Lee Association for Remarkable Citizens (LARC) has been awarded a \$120,000 grant from the Golisano Foundation to support the expansion of LAB: Learn, Achieve, Become. LAB will offer an experiential learning environment for hundreds of individuals with intellectual and developmental disabilities (IDD) that transforms traditional program areas into spaces for innovation, vocation, demonstration and learning. Five Labs will focus on skills for work and independent living and include Lab for Living, Wellness Lab, Smart Living Lab, Vocational Exploration Lab and Collaboration Lab.

"The goal of LAB is to prepare individuals with IDD for success and meaningful inclusion in our community," said Kevin Lewis, LARC executive director. "That requires important skills that build upon each other. Not only vocational training, but self-care, managing their day to day environment, navigating technology and interacting with others. LAB works because we recognize each of these layers as crucial components to increased independence and empowerment."

The Golisano Foundation is one of the largest private foundations in the nation devoted to supporting programs and services for individuals with intellectual and developmental disabilities. It was founded by philanthropist and entrepreneur Tom Golisano, who has supported several

non-profit organizations in Southwest Florida including Golisano Children's Hospital.

The foundation's grant will support phase two of LAB, which prepares space for the Wellness and Smart Living Labs on LARC's Fort Myers campus. The grant also supports a LAB staff person who will oversee and implement the LAB curriculum. The Wellness Lab provides a place to learn about healthy living, fitness, nutrition, oral health, advocacy, skills for self-care – all paramount to success in every day work and life. The Smart Living Lab teaches people how to live and thrive in a touch screen world, from ordering meals, navigating transportation, applying for jobs, operating everyday appliances, using the internet and computer software.

"We are honored to receive this grant from the Golisano Foundation, which is the largest private foundation grant in LARC's 65-year history," said Angela Katz, LARC development director. "There are more than 3,700 children in Lee County schools with cognitive disabilities, and the foundation's generous support will allow us to better prepare the individuals we currently serve and future generations to live more independent and fulfilling lives."

"We appreciate the important role and services LARC has provided to those with IDD in Lee County over the organization's long, proud history. We're happy to assist the agency as it evolves to address current and future needs by creating opportunities for independent living in a more inclusive community in Southwest Florida," said Ann Costello, director of the Golisano Foundation. "LAB's innovative, person-centered approach will empower more individuals with IDD to make their way productively and creatively in their communities."

The Wellness and Smart Living LABs will complement the LAB for Living, which opened in July. LABS for Living is a mock apartment-style setting that provides participants with hands-on training in daily living skills. Phase three, which is planned for the future, will include the Vocational Exploration Lab, with a commercial culinary training kitchen designed to meet the needs of hospitality employers and the Collaboration Lab, which will introduce LARC participants to change makers in our community. Initially, all of the Labs will be accessible to LARC participants as well as families. Over time, LARC's goal to offer schools and other like-minded organizations access.

To learn more about LARC and LAB, contact Katz at 334-6285 ext. 229 or email angelakatz@larcleecounty.org or visit www.larcleecounty.org.

From page 19

Coverage Tips

Ramos-Williams of CONRIC PR & Marketing, Brian Chapman of Chapman Insurance Group, Carrie Ann Texer of Conditioned Air, Lori Teague of Lake Michigan Credit Union and Sue Huff of E. Sue Huff and Associates.

Register at www.aboveboardchamber.com or call 910-7426. Cost on or before Friday, September 6 is \$30 for members and \$38 for non-members. After

September 6, it's \$35 for members and \$40 for non-members. Lunch is included in the price.

Yearly sponsors for the Above Board Chamber of Florida are Tri-Town Construction LLC, Conditioned Air, CONRIC PR & Marketing, Creative Business Coaches, Spada Salon and Day Spa, Your Walking Billboard LLC, Charlie McDonald Photography, Lady in Pink Photography LLC, Signarama Fort Myers (North) and WGCU Public Media

Crowne Plaza on 13051 Bell Tower Drive in Fort Myers.



Karla Noel photos provided

Primary Care Group Adds New Family Physicians

Physicians' Primary Care of Southwest Florida recently added two new family medicine physicians to its staff to meet the increased demand for primary health care needs in Lee County.

Dr. Karla Noel has joined the Fort Myers office at 7381 College Parkway. Dr. Syed Sher will see patients at the Cape Coral Family Medicine office at 1255 Viscaya Parkway.

Dr. Noel has 19 years of experience as a family medicine physician and has worked with medical practices in Hawaii, Florida and Indiana. She earned her doctor of medicine degree from the Indiana School of Medicine in Indianapolis and her bachelor of science degree in history and biology at Ball State University in Muncie,



Syed Sher

Indiana.

Dr. Noel's residency was completed at the Lehigh Valley Family Practice in Allentown, Pennsylvania, where she was chief resident. She has received recognition from the National Committee on Quality Assurance (NCQA) Patient Centered Medical Home physician training, is board-certified by the American Board of Family Medicine and is a member of the American Academy of Family Physicians and the American Medical Association.

Dr. Sher received his doctor of osteopathic medicine degree from the University of North Texas Health Science Center and his bachelor of science degree in biology from the University of Houston.

Dr. Sher served his residency at Ocala Regional Medical Center in Florida and is a member of the American Osteopathic Association.

Physicians' Primary Care of Southwest Florida is a physician-owned and operated medical practice. For more information, visit www.ppcswfl.com.

Brain Aneurysm Chapter Serves Local Community

submitted by Betty Henderson

When life throws us curveballs, it's time to find a really good catcher's mitt. Catching curveballs seems to have become a specialty of mine over these past three years. For example, I never thought that I'd be "catching" the ball thrown at me when I was asked to lead the local brain aneurysm support group for the Lisa Foundation, but now I'm leading the group.

In 2015, my 33-year-old daughter suffered a massive brain aneurysm. She survived against all odds and is doing exceptionally well. If that wasn't enough of a curve ball, I also suffered a brain aneurysm in 2016. So, having firsthand knowledge from the perspective of a parent and a patient, I am uniquely qualified to run the brain aneurysm support group. I didn't ask for this job, but it is helping me break in my catcher's mitt!

Here's the truth about brain aneurysms: They strike more often than people

think, and they are not just an "old people's condition."

Sadly, people often dismiss the warning signs which can be a fatal mistake. The most prevalent warning sign is a severe headache – often described as the worst headache of your life. Other symptoms include sudden onset of: sensitivity to light; stiffness of neck; sharp pain in one eye; blurred or double vision; numbness or tingling in the facial area; loss of consciousness; confusion or change of mental status; seizure; perceived "gunshot" noise or loud boom; drooping eyelids; and nausea and vomiting.

These serious symptoms should be brought to the attention of a medical professional immediately. Both my daughter and I are very lucky to have survived our brain aneurysms.

Lisa Colagrossi, a wife and mother and well-known television journalist for ABC News, wasn't so lucky. Her husband founded the www.lisafoundation.org in her honor, and I run the local chapter to offer support and resources to survivors. Everyone is welcome to attend our meetings. We meet the second Thursday of every month at 6 p.m. at the Entrada Clubhouse, Village of Entrada Street, in Cape Coral. For more information, call 747-8686.

Doctor and Dietician

Health Benefits Of Owning A Pet



by Ross Hauser, MD
and Marion Hauser, MS, RD

We were recently walk/running (I'm working my way back!) on the Sanibel path early one morning when we started chatting with two ladies and their furry friend, Anna. They noted they all have a few aches and pains, but having Anna ensures getting outside and walking. We all know that movement is life and sitting is the new smoking. Get up and walk – with your pet.

Health benefits of owning a pet are numerous and are especially impressive as we age. Studies show that having a pet may lower blood pressure, especially in hypertensive patients, particularly related to their ability to provide unconditional love.

Pets can reduce pain. I experience the healing and pain-relieving effects from our cat, Marmalade, as I recover from a bike accident. One study from Loyola University found that people who use pet therapy while recovering from surgery require significantly less pain medication than those who do not use it. I know it worked for me – I took

no pain pills even with a broken bone. Never underestimate the power of the pets.

Another study showed that pets can lower cholesterol, triglyceride and glucose levels in diabetics, and improve immunity. One study showed that cat ownership meant a 30 percent less likely chance of having a heart attack and 40 percent less likely to have a stroke.

Pets improve mood, alleviate depression and make you smile. We love being greeted at the door by our cats, Marmalade and Flupi. Having someone to care about who cares for you also helps those suffering from PTSD or suicidal thoughts. Pets help you socialize more too.

If you would like to improve your life with a pet, consider checking out your local rescue such as PAWS right here on Sanibel. You will not regret it!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*

With the launch of the Healthy News digital hub, we've created a source of information that is full of local resources," said Chris Simoneau, Lee Health chief foundation and development officer. "This website connects the community with health care experts in their own backyard, and allows doctors, nurses and other health care professionals to share their expertise and insights on medical conditions and national health care trends."

In addition to articles on medical topics, Lee Health experts are using the website to provide guidance to the community on current help topics like vaccines, and the health impact of algae blooms and summer safety. Healthy News aims to be Southwest Florida's premiere source for any and all health care areas of interest.

To sign up to receive the newsletter and read all of the articles posted on the website, visit www.leehealth.org/healthy-news. Community members may also contribute content to the website by emailing social@leehealth.org.*

dearRPharmacist

Nine Fantastic Reasons To Eat Pumpkin Seeds



by Suzy Cohen, RPh

Dear Readers: Pumpkins can be white, yellow or green. They're not all orange. Did you know Antarctica is the only country that can't grow a pumpkin? One average-sized

pumpkin can impart about a cup of seeds, about 500 seeds. I like to roast mine and sprinkle them with a little dried lime powder and sea salt. These are also excellent when roasted with olive oil and garlic/onion powder.

These seeds are not only delicious but also nutrient dense. Here are many health benefits from eating pumpkin seeds.

Diabetes – Thanks to their high fiber content, pumpkin seeds help regulate blood sugar and improve satiety. One study showed that animals who received a combination of ground flax and pumpkin seed powder exhibited better lab values and fewer problems as they pertain to diabetes. Thanks to their alpha-linolenic acid (ALA) content, the seeds can help with heart attack risk. Other foods with ALA content include flaxseed, walnuts, chia and hemp.

Blood Pressure – Magnesium (and potassium) is absolutely essential for healthy blood pressure and cardiac rhythm. Pumpkin seeds are particularly high in magnesium.

Immunity and Prostate Health – Zinc will help with both immunity and prostate health. An ounce of pumpkin seeds contain enough zinc to help you with

immune function, prostate health and even testosterone production.

Sleep – A handful of pumpkin seeds at dinnertime might improve your ability to relax and sleep. The reason is because of the magnesium that helps create more serotonin, which quickly breaks down to melatonin, a sleep hormone.

Bladder Infections – Pumpkin seeds contain zinc and other compounds that support bladder and kidney health. There isn't enough data to say whether it helps UTIs but I would guess that it probably helps reduce incidence.

Libido – Pumpkin seeds contain leucine, and also minerals which help you make testosterone. This is great because it improves energy, endurance, libido and strength. Testosterone is needed for both men and women's health.

Bone Health – Zinc, magnesium and selenium deficiencies are harmful to bones. Without these minerals, your risk for osteoporosis goes up. Eating pumpkin seeds can help you if you have osteoporosis.

Vision – Pumpkin seeds are very high in carotenoids and zinc which protect your vision. Pumpkin seeds contain squalene which protects your skin from UV light damage and other forms of potentially dangerous radiation.

Like any food, there is the risk for allergy. If you're sensitive to pumpkin seeds, you might experience stomach pain after eating them, swelling or itching of the throat or skin rashes, hives or eczema-like irritations. You can buy pumpkin seeds at any health food store or supermarket. Store bought pumpkin seeds can be stored in a container for about three or four months. Pumpkin seed oil is great for salads and soups, and it is usually sold online or at health food stores.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Lee Health Launches New Digital Hub

Local residents and visitors now have a new way to stay healthy and safe. Lee Health has launched a new health hub and free newsletter on its website to keep you up to date with the latest news in health care.

Content will help readers live their healthiest life possible, get answers to some of their most common and pressing health care questions, and learn more about topics ranging from tips for living with chronic pain to how to safely weather a storm. Readers can also sign up to receive a monthly newsletter filled with articles on healthy living and hear from experts on how health care is evolving in Southwest Florida to improve the health of the community.

"The Internet has become the first source when searching for health information, but that information may come from anywhere in the world.

From page 1

Rauschenberg

and includes a number of never previously exhibited original paintings from the Gluts, Urban Bourbon, Anagrams (A Pun) and Waterworks series.

Beginning chronologically with the portfolio edition of XXXIV Drawings for Dante's Inferno (1965) that was illustrated on his first extended visit to the Sunshine State's gulf coast, Rauschenberg often joked that he had "gone through Hell to move to Florida." Widely acknowledged as one of the most important artists of the 20th century, Rauschenberg is credited with pioneering the transition from European modernism to American pop art and has been the subject of recent retrospectives at the Tate Modern in London, Museum of Modern Art in New York and the San Francisco MoMA. However, this is the first exhibition to exclusively survey works produced by the artist while living and

working in Southwest Florida and to feature seldom or never-before-seen works that have remained in the community that he so proudly called home.

As Rauschenberg often repeated and as this exhibition makes evident, "Fort Myers is as small as your mind is. It can be just as large as the world is."

Related lectures, performances and celebratory events will be announced throughout the duration of the show.

The exhibition is sponsored by Stanton Storer Embrace the Arts Foundation, The Beaches of Fort Myers & Sanibel, UBS and Nancy "Carol" Powell, financial advisor/first vice president – investments.

The exhibition and related events are open to the public, free of charge. Gallery hours are Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 11 a.m. to 3 p.m.

Bob Rauschenberg Gallery is located at 8099 College Parkway SW in Fort Myers. For more information, call 489-9313 or visit www.rauschenberggallery.com.*

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Spaz And Diego



Spaz ID# A633214

Hello, my name is Spaz, I am an 8-year-old male pit bull mix who is a 'Super Senior' that needs a special person to find me and give me the life I need and deserve. This includes a healthy diet and some much needed exercise – something I appear to have been lacking for quite some time. This big guy is an absolute sweetheart. I have a lot of love to give someone that will give it back to me.

My adoption fee is \$25.

Hi, I'm Diego. I am a 1-year-old male chihuahua who is the ultimate lap dog that will go where you go. I am a curious little guy who does the funny head tilt when I am checking something



Diego ID# A790464

out. I am the perfect addition to someone living in an apartment or condo as I can pretty much fit anywhere.

My adoption fee is \$25.

Don't get that empty nest feeling when the children go back to school. Lee County Domestic Animal Services is here to help. Through August 31, adoption fees for all cats and kittens and dogs more than six months of age will be reduced to just \$25. In addition, cats and kittens are two-for-one; adopt one and take home a second feline friend at no additional charge.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.**

Haven on Earth Animal League

Patches And Esther



Patches



Esther

Hi, I'm Patches. I'm about 1 1/2 years old, which is still very young in kitty years. I had a litter of kittens, and they've all found homes, so now I'm looking for a home of my own. I love attention and can't wait to snuggle with someone. My adoption fee is \$100, which includes spaying and vaccinations.

Hello, I'm Esther. I was rescued with my kittens and now I'm looking for a forever home. I'm only 1 year old and very affectionate. Look how pretty I am. I'm spayed and up-to-date on vaccinations. My adoption fee is \$100.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.**

PAWS Of Sanibel

Sweetie Pie

PAWS has a beautiful young mother cat up for adoption. Her name is Sweetie Pie and she is approximately one year old. She has had all her shots, was combo-tested negative, wormed, treated for fleas and had spay surgery.

All of her kittens have been adopted and now she is wandering around wondering where everyone went. If you would like to meet Sweetie Pie, call Pam at PAWS, 472-4823.*



Sweetie Pie



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

TRACK
STARS

- ACROSS
- 1 1995-96 CIA director John

7 Seat of Johnson County, Kansas

13 Dah's counterpart in Morse code

16 Ungar of poker

19 African antelope

20 Mink's relative

21 Actress Jennifer

23 Nebraska-based insurance company [1935]

25 Panther

26 "I've Got a Crush —"

27 Bean high in protein

28 "Wide — Sea" (Jean Rhys novel)

29 Desires

31 Summons for speeding, say [1948]

35 Foofaraw

36 Like granola

37 Up to the time when

38 Chicago-to-Tampa dir.

39 Sharp items with eyes [1956]

43 Bond part

47 Day, in Chile

48 "Seats sold out" sign

49 Mood of an environment

53 Cloud layer

57 Being attacked [1946]

61 Funny Margaret

62 Water, in Chile

64 "— you one"

65 Ventriloquist Bergen

66 Egg layers in coops

68 Refittings of cars' motors [1955]

73 Fluids with antibodies

74 Writer Asimov

76 Comical Idle

77 Water pit

79 Racer Jarrett

80 Having recognized the value of one's own conscious being [1978]

84 Artist's mixing board

86 Amber wines

87 "You betcha"

90 "Angie" actor Stephen

91 Ollie's buddy

92 Executive arm headed by Antônio Guterres, for short [1973]

99 Acer or Asus products

102 Touch base on a fly

104 Easy throws

105 Gp. backing arms

106 "Just Shoot Me!" actress [2005]

111 Protest type

113 Tree expert

114 Christmas party quaff

115 Chicago air hub

117 Machine on a skating rink

118 Event won by the horses at the ends of eight answers in this puzzle

123 Up for debate

124 Lipton drink, informally

125 Actress Driver

126 Booming jet of old, briefly

127 Suffix with 25-Across

128 Quagmire

129 Actor Liam

DOWN

1 Lose luster

2 Tall bird

3 Thus far

4 Razz

5 Potters' materials

6 Saintly glow

7 A bit amiss

8 "When I Need You" singer

9 Long — the law

10 Cookie batch, often

11 Snarky laugh

12 Socrates' H

13 Buddhist leader

14 Like neon

15 New York county

16 Equilibrium

17 Trunks

18 Not finished

22 Petty fight

24 Eke — existence

28 Phys., e.g.

29 Existed

30 Sweet drink

32 Map nos.

33 Opal ending

34 Dol. divisions

36 Model railroad size

40 Lupino of old Hollywood

41 Naldi of old Hollywood

42 "How — Want It" (#1 hit for 2Pac)

44 "The Detour" channel

45 French river

46 Honey drinks

49 Realms

50 Guitarist Ted

51 Table wine

52 Big online investing site

53 Deep divide

54 "La Mer," translated

55 President after Jimmy

56 Part of SPF

58 Sibling of a nephew

59 Two, in Chile

60 "That's icky!"

63 "— just a number"

67 Bank boxes

69 Like the verb "lie": Abbr.

70 Game with matchsticks

71 Baby wolf

72 Stings

75 "I Am —" (Jenner's reality show)

78 Supplication

81 Clerical title

82 Dreams

83 Tincture

85 Incus' organ

88 Pastoral poems

89 Grads' event

92 Sheepskin boot brand

93 "Rapa —" (1994 film)

94 Wrench, to a Brit

95 Kindle download

96 ER trainees

97 Moviedom's Meyers

98 Bronzy

99 Some statue sites

100 Gem measures

101 Yield (to)

103 Home pest

107 Rips off

108 Sprang forth

109 Congested cavity, often

110 Terra — (tile material)

111 The Beatles' "Sexy —"

112 "Fame" star Cara

116 Choir melody

118 Basinger of "Batman"

119 — -friendly

120 — in "crossword"

121 Yearbook bit

122 Deep longing

1	2	3	4	5	6		7	8	9	10	11	12		13	14	15		16	17	18
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123																125				
126						127										129				

King Crossword

- ACROSS
- 1 Bygone Peruvian

5 Decibel increaser, for short

8 Jewels

12 Greenhouse structures

14 On

15 Caviar provider

16 Volcanic outflow

17 "Eureka!"

18 Not as short

20 Dishes

23 Ratio phrase

24 Little one in the litter

25 Tough puzzle

28 Affirmative

29 Diarist Nin

30 — Beta

32 Learner

34 Adolescent

35 Prod

36 Cause, as havoc

37 Expose, in a way

40 Hawaiian garland

41 Any minute now

42 Obdurate

47 "Zounds!"

48 Cook on a grill

49 Novelist Jaffe

50 "This tastes awful!"

51 Leftovers recipe

DOWN

1 "Monty Python" opener

2 Seine

3 French vineyard

4 Immoderate

5 Neighborhood

6 "O Sole —"

7 Woman's two-piece?

8 Fast gait

9 And others (Abbr.)

10 Relocate

11 Practice boxing

13 Turkish title

19 \$ dispensers

20 Weep

21 Colors

22 "Meet Me — Louis"

23 "Try — see"

25 Passes furtively

26 Duel tool

27 Actress Perlman

29 Commotions

31 Pen filler

33 Kampala's country

34 "Survivor" squads

36 "MacArthur Park" composer Jimmy

37 Addict

38 Nixed, at NASA

39 Complain

40 Hide in the bushes

43 Greek cross

44 Autumn mo.

45 Regret

46 Fresh

1	2	3	4		5	6	7		8	9	10	11
12					13					14		
15										16		
				17				18	19			
20	21	22				23						
24					25					26	27	
28					29					30		31
	32		33							34		
				35					36			
37	38	39						40				
41						42	43			44	45	46
47						48						
49						50				51		

MAGIC MAZE ● WORDS HAVING A BALL

MBYVTQOLIGDBYWPT
TRPMKIFBODBYWIU
SCTQOMKEDI FDNBZ
XWONUSQADONBLJM
HFDRICANBYAWVET
SQPSNOWBALLGAME
NLKIHBPALFETCBZ
YMOTHBALLABRUOS
PAINTBALLABDAED
WVUSRDALLABHGIH
QPNMOORLLABFFUP

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Ballad
- Ballgame
- Ballpoint
- Ballroom
- Bean ball
- Cornball
- Dead ball
- Highball
- Mothball
- Oddball
- Paintball
- Pinball
- Puffball
- Snowball
- Sourball



"Wanna hear a good one? Herbert here left his— ha-ha ————— to science."

answer on page 30

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Flatten
DINERO

Fight
TABLET

Just
GIRTH

Acclaim
DORMATS

TODAY'S WORD

1					3	8		
	9			8			6	
		2	9		4			5
		5		2			7	1
2			3			4		
	4				6			8
	7				2		1	
4			7					3
	8	6		3		2		

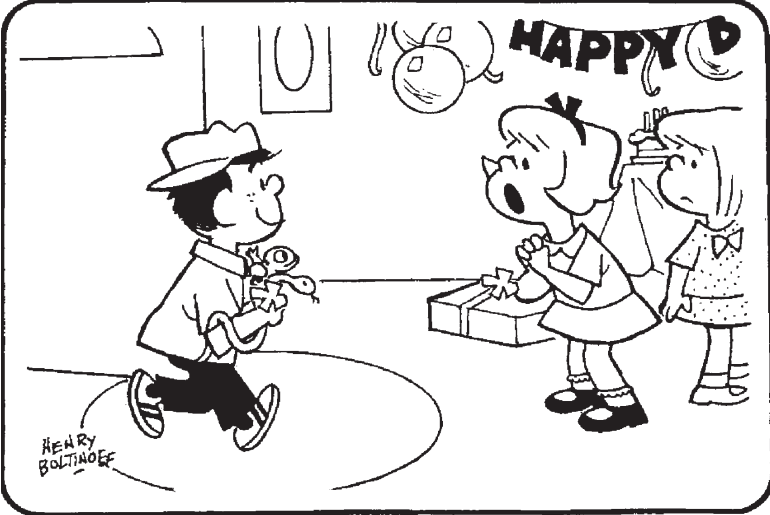
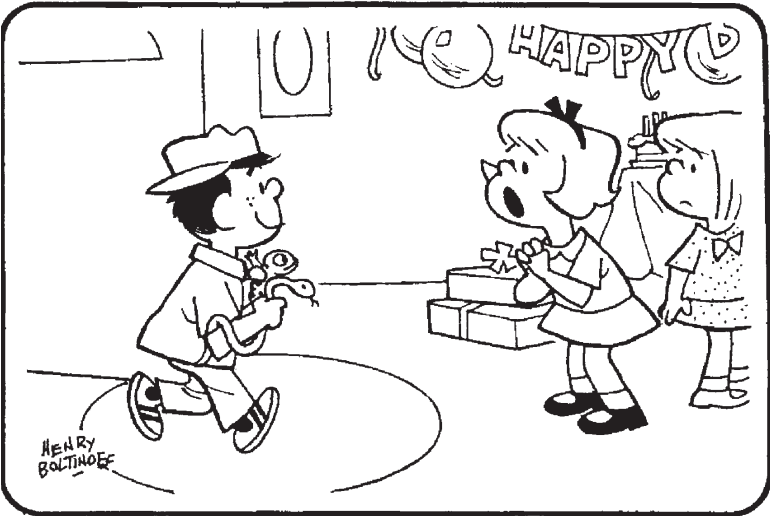
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

HOCUS-FOCUS

BY HENRY BOLTINOFF



Differences: 1. Banner letters are black. 2. Balloon has been added. 3. Boy's pants are dark. 4. Socks have ruffles. 5. One present is missing. 6. Bow has been added to snake.



Grilled Chicken Sandwich

2 chicken breasts, grilled and sliced thin
1 tomato, sliced thin
2 cups arugula
3 garlic cloves
1 lemon, zested and juiced
½ cup olive oil
Crusty sandwich bread (your favorite)
2 tablespoons unsalted butter, softened to room temperature
Sea salt and fresh ground pepper, to taste
In a blender or food processor combine arugula, garlic cloves, lemon zest, lemon juice and pulse until combined. Turn on and slowly drizzle in olive oil until a loose paste forms. Pour into a small bowl and set aside. Heat grill to high. Season the chicken with salt and pepper and grill for 4 minutes on both sides. Brush arugula pesto onto chicken and cook until internal temperature reaches 165 degrees. Set aside to rest. Spread butter on inner portion of sandwich buns and place directly over heat for 1-2 minutes or until warm and golden in color. Remove from grill and assemble sandwich. Serves four.✽✽



Grilled Chicken Sandwich

photo courtesy Fresh From Florida

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My Stars ★★★★★

FOR WEEK OF SEPTEMBER 2, 2019

Aries (March 21 to April 19) Be careful not to allow the backers of a new financial “deal” to pull the wool over the Lamb’s eyes. It could hold fewer plusses and more negatives than you were first led to believe.

Taurus (April 20 to May 20) It’s a good idea to finish all incomplete tasks so that you can devote your attention to next week’s projects. The weekend could hold surprises for romantic Fernandas and Ferdinands.

Gemini (May 21 to June 20) A workplace suggestion you made a while ago that you might have forgotten could come back with a request to turn it from idea to reality. Your social life picks up considerably this weekend.

Cancer (June 21 to July 22) Someone from the past could return with an intriguing opportunity for a future project. Check into it, by all means. But don’t neglect your current responsibilities in the meantime.

Leo (July 23 to August 22) Keeping your claws sheathed and using good humor instead to counter someone who’s bad-mouthing the Big Cat isn’t easy. But it’s the best way to avoid more problems down the line.

Virgo (August 23 to September 22) A workplace situation could improve if you’re less critical and more supportive of those who are, after all, trying to do their best. Let them know you’re there to help when necessary.

Libra (September 23 to October 22) A new job offer might not carry all the benefits you’re seeking. Make sure you know what you’re entitled to, what is off the table and what is negotiable before you make a decision.

Scorpio (October 23 to November 21) A social obligation you would rather get out of could hold some surprisingly positive aspects. Why not go and see for yourself? A family member makes a curious request.

Sagittarius (November 22 to December 21) Before tackling that new project awaiting you at home or on the job, take time out for some much-deserved pampering to help lift your spirits and restore your energy levels.

Capricorn (December 22 to January 19) Your social calendar begins to fill up more quickly than you

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FRIDAY
Sunny
High: 86 Low: 81



SATURDAY
Partly Cloudy
High: 88 Low: 83




SUNDAY
Mostly Cloudy
High: 91 Low: 86



MONDAY
Partly Cloudy
High: 94 Low: 88



TUESDAY
Partly Cloudy
High: 92 Low: 87



WEDNESDAY
Mostly Cloudy
High: 90 Low: 85



THURSDAY
Mostly Cloudy
High: 92 Low: 83

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	2:36 am	6:45 am	1:32 pm	8:27 pm	Fri	1:41 am	6:47 am	12:37 pm	8:29 pm	Fri	2:12 am	7:47 am	1:57 pm	8:51 pm	Fri	4:46 am	10:01 am	3:42 pm	11:43 pm
Sat	2:57 am	7:39 am	2:26 pm	9:02 pm	Sat	2:02 am	7:41 am	1:31 pm	9:04 pm	Sat	2:52 am	8:45 am	2:58 pm	9:34 pm	Sat	5:07 am	10:55 am	4:36 pm	None
Sun	3:20 am	8:34 am	3:20 pm	9:35 pm	Sun	2:25 am	8:36 am	2:25 pm	9:37 pm	Sun	3:32 am	9:37 am	3:58 pm	10:11 pm	Sun	5:30 am	12:18 am	5:30 pm	11:50 am
Mon	3:45 am	9:32 am	4:18 pm	10:05 pm	Mon	2:50 am	9:34 am	3:23 pm	10:07 pm	Mon	4:09 am	10:24 am	4:51 pm	10:46 pm	Mon	5:55 am	12:51 am	6:28 pm	12:48 pm
Tue	4:14 am	10:34 am	5:23 pm	10:34 pm	Tue	3:19 am	10:36 am	4:28 pm	10:36 pm	Tue	4:45 am	11:09 am	5:38 pm	11:18 pm	Tue	6:24 am	1:21 am	7:33 pm	1:50 pm
Wed	4:47 am	11:43 am	6:44 pm	11:02 pm	Wed	3:52 am	11:45 am	5:49 pm	11:04 pm	Wed	5:19 am	11:54 am	6:24 pm	11:51 pm	Wed	6:57 am	1:50 am	8:54 pm	2:59 pm
Thu	5:28 am	1:02 pm	8:38 pm	11:31 pm	Thu	4:33 am	1:04 pm	7:43 pm	11:33 pm	Thu	5:54 am	12:46 pm	7:10 pm	None	Thu	7:38 am	2:18 am	10:48 pm	4:18 pm

PUZZLE ANSWERS

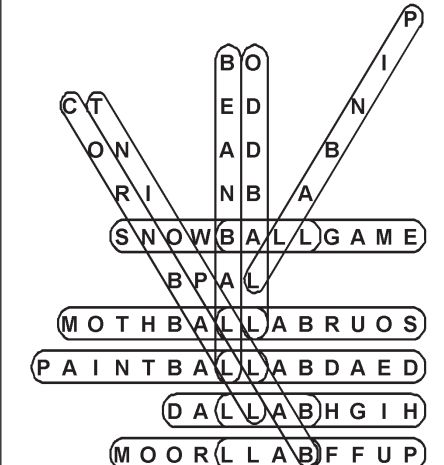
SUPER CROSSWORD

D	E	U	T	C	H		O	L	A	T	H	E		D	I	T		S	T	U	
I	M	P	A	L	A		F	E	R	R	E	T		A	N	I	S	T	O	N	
M	U	T	U	A	L	O	F	O	M	A	H	A		L	E	O	P	A	R	D	
		W	O	N	Y	O		S	O	Y				S	A	R	G	A	S	S	O
W	A	N	T	S		T	R	A	F	F	I	C	I	T	A	T	I	O	N		
A	D	O			O	A	T	Y			U	N	T	I	L			S	S	E	
S	E	W	I	N	G	N	E	E	D	L	E	S			A	T	O	M			
			D	I	A		S	R	O					A	M	B	I	E	N	C	E
S	T	R	A	T	U	S			U	N	D	E	R	A	S	S	A	U	L	T	
C	H	O			A	G	U	A			I	O	W	E		E	D	G	A	R	
H	E	N	S			E	N	G	I	N	E	S	W	A	P	S		S	E	R	A
I	S	A	A	C			E	R	I	C			S	U	M	P	N	E	D		
S	E	L	F	A			F	I	R	M	E	D			P	A	L	E	T	T	E
M	A	D	E	I	R	A	S			Y	E	P			R	E	A				
			S	T	A	N			U	N	S	E	C	R	E	T	A	R	I	A	T
P	C	S			T	A	G	U	P			L	O	B	S			N	R	A	
L	A	U	R	A	S	A	N	G	I	A	C	O	M	O		S	I	T	I	N	
A	R	B	O	R	I	S			N	O	G		O	H	A	R	E				
Z	A	M	B	O	N	I			K	E	N	T	U	C	K	Y	D	E	R	B	Y
A	T	I	S	S	U	E			I	C	E	T	E	A		M	I	N	N	I	E
S	S	T			E	S			M	O	R	A	S		N	E	E	S	O	N	

KING CROSSWORD

I	N	C	A		A	M	P			G	E	M	S							
T	E	R	R	A	R	I	A			A	T	O	P							
S	T	U	R	G	E	O	N			L	A	V	A							
			A	H	A					T	A	L	L	E	R					
C	H	I	N	A			I	S	T	O										
R	U	N	T			S	T	U	M	P	E	R								
Y	E	S			A	N	A	I	S			P	H	I						
		S	T	U	D	E	N	T			T	E	E	N						
					G	O	A	D			W	R	E	A	K					
U	N	M	A	S	K			L	E	I										
S	O	O	N				S	T	U	B	B	O	R	N						
E	G	A	D				B	A	R	B	E	C	U	E						
R	O	N	A				Y	U	K			S	T	E	W					

MAGIC MAZE



SUDOKU

1	5	4	6	7	3	8	9	2
3	9	7	2	8	5	1	6	4
8	6	2	9	1	4	7	3	5
6	3	5	4	2	8	9	7	1
2	1	8	3	9	7	4	5	6
7	4	9	1	5	6	3	2	8
5	7	3	8	4	2	6	1	9
4	2	1	7	6	9	5	8	3
9	8	6	5	3	1	2	4	7

expected. And that's great. You deserve to enjoy some good fun after so much time spent on serious matters.

Aquarius (January 20 to February 18) A domestic situation continues to improve, thanks to all the tender, loving concern you've shown. A colleague makes a questionable move that you might want to check out sooner rather than later.

Pisces (February 19 to March 20) A sudden turn in a romantic relationship calls for both a rational and passionate response. Keep the love level high, but also find out why the problem arose in the first place.

Born This Week: You often set high standards for others. But to your credit, you set the same expectations for yourself.

MOMENTS IN TIME

- On Sept. 8, 1504, one of the world's most beloved works of art, *David*, by Michelangelo Buonarroti, is unveiled to the public in Florence, Italy's Piazza della Signoria. It reportedly took 40 men four days to move the 17-foot-tall, 12,000-pound marble masterpiece 1/2 mile to the site.
- On Sept. 3, 1777, the American flag is flown in battle for the first time, during a Revolutionary War skirmish in Delaware. Patriot Gen. William Maxwell ordered the stars and stripes raised as a detachment of his infantry and cavalry met an advance guard of British and Hessian troops.
- On Sept. 7, 1813, the United States gets its nickname, Uncle Sam, when a newspaper picks up on the story

of Samuel Wilson, a meat packer who supplied barrels of beef to the United States Army. Wilson stamped the barrels with "U.S." for United States, but soldiers began referring to the grub as "Uncle Sam's."

- On Sept. 6, 1847, writer Henry David Thoreau moves in with Ralph Waldo Emerson in Concord, Massachusetts, after living for two years in a shack he built himself on Walden Pond. In 1854, his collection of essays, *Walden, or Life in the Woods*, was published.
- On Sept. 4, 1951, President Harry Truman's speech before a conference in San Francisco becomes the first television program to be broadcast from coast to coast. It was picked up by 87 stations in 47 cities.
- On Sept. 2, 1969, America's first automatic teller machine (ATM) makes its public debut, dispensing cash to customers at Chemical Bank in Rockville Center, New York.
- On Sept. 5, 1970, U.S. forces launch the last major American operation of the war in Vietnam when the 101st Airborne Division, in coordination with the South Vietnamese army, initiates Operation Jefferson Glenn in Thua Thien Province west of Hue.

STRANGE BUT TRUE

- It was American poet and playwright Edna St. Vincent Millay – the first woman to win the Pulitzer Prize for poetry, by the way – who made the following sage observation: "A person who publishes a book appears willfully in public with his pants down."

- It's often been said that necessity is the mother of invention – and for good reason. Here's an example: The idea for the original pull-top can originated when the inventor was at a picnic; he had forgotten to bring a can opener, so he had to use a car bumper.
- If you live in Georgia, you need to watch that wagging tongue: In that state it's illegal to spread a false rumor.
- According to cetologists, an adult right whale requires 400,000 calories a day to survive. These scientists who specialize in whales also note that the mainstay of these mammals' diet is a flea-sized crustacean called a copepod.
- If you're right-handed, studies show that you tend to wash your left hand more thoroughly than your right hand. Reverse that if you're a leftie.
- A study of 28 women found that screaming has a therapeutic effect on the physiology of the body. After bouts of screaming, the test subjects showed slower heart rates, lower blood pressure and lower body temperature.
- Those who study such things – and who, evidently, have way too much time on their hands – claim that there are 108 stitches in a baseball.
- If you take into account all the sales in the world, there are approximately 50 Bibles sold every minute.

THOUGHT FOR THE DAY

"For disappearing acts, it's hard to beat what happens to the eight hours supposedly left after eight of sleep and eight of work." – Doug Larson

TRIVIA TEST

- Geography:** On which continent would you find the Cape of Good Hope?
- Literature:** Who wrote the novel *Beloved*?
- Anatomy:** Which organ in the human body produces insulin?
- Music:** Which Disney movie featured the song *A Whole New World*?
- General Knowledge:** What kind of scissors make zig-zag patterns on fabric?
- Advertising Slogans:** Which company used the slogan *Imagination at Work* in its ads?
- Food & Drink:** What is the flavor of Frangelico liqueur?
- Language:** What is the meaning of the Latin phrase *alma mater*?
- Games:** What color are the Kentucky, Indiana and Illinois spaces on a Monopoly board?
- Math:** What is the date of the annual celebration of math called Pi Day?

TRIVIA ANSWERS

- Africa
2. Toni Morrison
3. Pancreas
4. "Aladdin"
5. Pinky shears
6. General Electric
7. Hazelnut
8. Nourishing mother
9. Red
10. March 14 (3.14)

September Programs At Fort Myers Library

Next month’s roster of activities at Fort Myers Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs

Knitting Nook: 1 p.m. Thursday, September 5. Location: Main Library Building, Conference Room C – A casual self-guided group of knitters and crocheters share ideas, techniques and patterns. Attendees should bring their own projects. Basic supplies available for newcomers.

Book Discussion *Inheritance: a Memoir of Genealogy, Paternity and Love* by Dani Shapiro: 3 p.m. Monday, September 9. Location: Main Library Building, Conference Room C – This book discussion series focuses on memoirs and autobiographies. Read the book selection ahead of time and come to discuss.

Coloring for Adults: 10 a.m. Tuesday, September 10. Location: Main Library Building, Conference Room C – Researchers and art therapists alike have touted the calming effects of coloring, and adults have found this childhood activity a refreshing way to release their creativity, relieve stress and meet other participants. Coloring pages designed

especially for adults, as well as colored pencils, will be provided.

English Café: 6 p.m. Tuesdays, September 10, 17, 24. Location: Main Library Building, Conference Room C – Free, informal conversation sessions for adult ESOL/ESL students.

Adult Card Crafting: 9:30 a.m. Wednesday, September 11. Location: Meeting Room BCD – Participants will learn new techniques and take home several themed cards. All materials supplied. Sponsored by the Friends of the Fort Myers Regional Library.

From Baltimore to San Juan to Sevilla: 1 p.m. Saturday, September 14. Location: Meeting Room – In honor of National Hispanic Heritage Month, our seminar will feature Dr. Paul Rivera. He will present a case study of how he successfully researched his Puerto Rican heritage. His PowerPoint will feature photographs and documents of his research process.

Adult STEM: 6:30 p.m. Wednesday, September 18. Location: Meeting Room ABCD – This month we are going to take our coding skills and put them into action. Spheros combine robotics and digital apps in order to showcase how coding can result in specific results. Learn to code sphero so that it accomplishes the tasks you set for it. Registration is required.

Book Discussion *Work Like Any Other: A Novel* by Virginia Reeves: Noon Wednesday, September 18. Location: Main Library Building,

Conference Room C – Sometimes fiction seems real and nonfiction reads like a novel. This year both will be discussed. Space is limited so registration is required.

Knitting Nook: 1 p.m. Thursday, September 19. Location: Meeting Room CD – A casual self-guided group of knitters and crocheters share ideas, techniques and patterns. Attendees should bring their own projects. Basic supplies available for newcomers.

Small Business Series: Understanding Financial Statements: 2 p.m. Monday, September 23 – During this workshop attendees will learn the basics about profit and loss, balance sheets, forecasting and cash flows. Presented with collaboration with FGCU Small Business Development Center. Registration is required.

Hope by Song: 6 p.m. Monday, September 30. Location: Amphitheater – The Hope by Song’s mission is to help those whose stories of abuse, addiction, homelessness or PTSD have not been heard by inspiring them to tell their stories. Their words are used to create songs of struggle and hope. The songs are then used to educate others dealing with similar issues to encourage new, more beneficial ways of thinking about their lives and to foster, in our community, a greater awareness and a deeper understanding of those in less fortunate situations.

Children’s Programs

Toddler Tales: 10 a.m. Tuesdays,

September 3, 10, 17, 24 – For ages 18 to 36 months. This interactive and active time for toddlers and their caregiver is designed to advance prereading and social skills. They’ll experience storytelling, wordplay, felt board stories, fingerplays, puppets, singing, music-making, socializing, dancing and, of course, books.

Preschool Storytime: 10 a.m. Wednesdays, September 4, 11, 18, 25 – For ages 3 to 5. Children attend this program independently while the caregiver waits nearby. Your preschooler will continue to build relationships with other kids, books and the library in a storytime designed specifically for them. The stories and activities are more complex, but just as fun.

Bubblemania: 10 a.m. Thursday, September 5 – Soapy bubbles everywhere. Join us for an exciting morning of bubble blowing as we listen to our favorite tunes.

Family Storytime: 10 a.m. Saturdays, September 7, 21 – For toddlers to age 5. Your whole family is invited to this enjoyable, all-ages storytime that encourages the development of prereading skills through songs, rhymes, fingerplays and stories.

Junior STEAM Club: 10 a.m. Monday, September 9 – Welcome to Junior STEAM Club. Each month will feature a different STEAM related theme for children ages 3 to 5. Get creative with books and activities that feature science, technology, engineering, art and

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2 bed – 1 bath, pets welcome, \$1,800/month. Discounted if you work on Sanibel. Call Joan today at 646-942-1060.
7/12 ★ TFN

ROGER NODRUFF ELECTRIC
Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788
4/20 ★ TFN

KITCHEN ASSISTANT
The Robert Rauschenberg Foundation in Captiva seeks to engage a committed person in the role of Kitchen Assistant. This p/t position is approximately 25 hrs/wk, and 40-50 wks/yr. The main responsibility is to assist the chef, Mon thru Fri, with meal preparation for 10-20 people. The chef can provide on-site training and education. Qualifications include high school diploma or GED or commensurate work experience; interest in food preparation and enthusiasm for learning new methods/procedures; self-motivation, initiative and ability to positively contribute to a team environment. Cleanliness and attention to detail are a must. Enthusiasm and hustle are more important than previous kitchen experience. Candidates must be able to lift 50# and have reliable transportation. Generous compensation. Send a brief letter outlining interest and related experience or resumé, to Ann Brady, abrad@rauschenbergfoundation.org.
8/16 ★ 8/30

PELICAN PLACE SHOPPING CENTER
Palm Ride Road on Sanibel
3 units available or combined 2,400 sq. ft. (2 at 700 sq. ft., 1 at 1,000 sq. ft). Call 703-593-7024
6/21 ★ TFN

ANNUAL RENTAL

SANIBEL SINGLE FAMILY HOME
3 BR 4 Baths. Screened heated pool. Screened porch. French doors and skylights, high ceilings. lake access for kayaks. 3 car garage with ample storage space. Unfurnished. Available now. \$3,000/mo. 239-633-0380
8/16 ★ 8/30

SCARNATO LAWN SERVICE
Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com
1/25 ★ TFN

SCRAMBLERS

1. Ironed; 2. Battle;
3. Right; 4. Stardom
Today’s Word
BRAIN

ALTERATIONS BY HAZELLA
Reliable and Experienced Reasonable Prices Pick Up & Delivery Available
239-472-8655
8/30 ★ TFN

HOME RENTAL SEASONAL/ANNUAL
East Rocks. Begin Jan. 2020. Ground-level Michigan home. Water view.
786-667-0123
8/23 ★ 9/13

math for preschoolers. Registration is required.

After-School Fun: Rock Painting: 4 p.m. Tuesday, September 10 – Get creative and paint rocks while we listen to the book *Petra* by Marianna Coppo and learn about the ancient city that was carved into sandstone cliffs.

Baby Rhyme Time: 10 a.m. Thursdays, September 12, 19, 26 – For babies up to 18 months. During this special storytime, you and your baby will learn new nursery rhymes and fingerplays, interact with puppets, sing, read books and dance. Caregivers are encouraged to model proper storytime etiquette by remaining in the room and participating with baby during this program.

Elementary Homeschool Connection: 11 a.m. Friday, September 13 – Homeschoolers ages 5 to 11 and their caregivers are welcome to join us for a fun and educational activity. We'll engage in science experiments, technology, building, crafting and making of all types. Registration is required.

Special Needs Storytime: 10 a.m. Saturday, September 14 – This storytime emphasizes books, music and sensory experiences designed for children with special needs. The library's welcoming environment will create a positive experience for children. Each child must be accompanied by a parent or caregiver, who will be an active participant in the program. Class size is limited to 10 children, plus their parents or caregivers. For children ages 3 to 12 with special needs. Registration is required.

STEAM Club: Eggsperiments: 4 p.m. Tuesday, September 24 – Join us as we attempt some science experiments with eggs. Registration is required.

Teen Programs

Teen Anime Drawing Fan Club: 5 p.m. Wednesday, September 4 – Anime drawing fans share what they have created, discover content and connect with other fans. Colored pencils, pens

and paper supplies are provided. Sponsored by the Friends of the Fort Myers Library.

Teen Zine Workshop: 5 p.m. Wednesday, September 25 – Learn the art of writing in a Zine Workshop with Angela Page of Love Your Rebellion. This is a hands-on creative writing learning experience and your work will be placed on display at Neenie's House Zine Library in Fort Myers. All supplies provided. Sponsored by the Friends of the Fort Myers Regional Library. Registration is required.

Middle School Homeschool Connection: 2 p.m. Monday, September 30 – Meet new friends as we tackle various STEAM topics in this monthly program designed to spark dialogue and facilitate creative thinking. Registration is not required.

The Fort Myers Regional Library

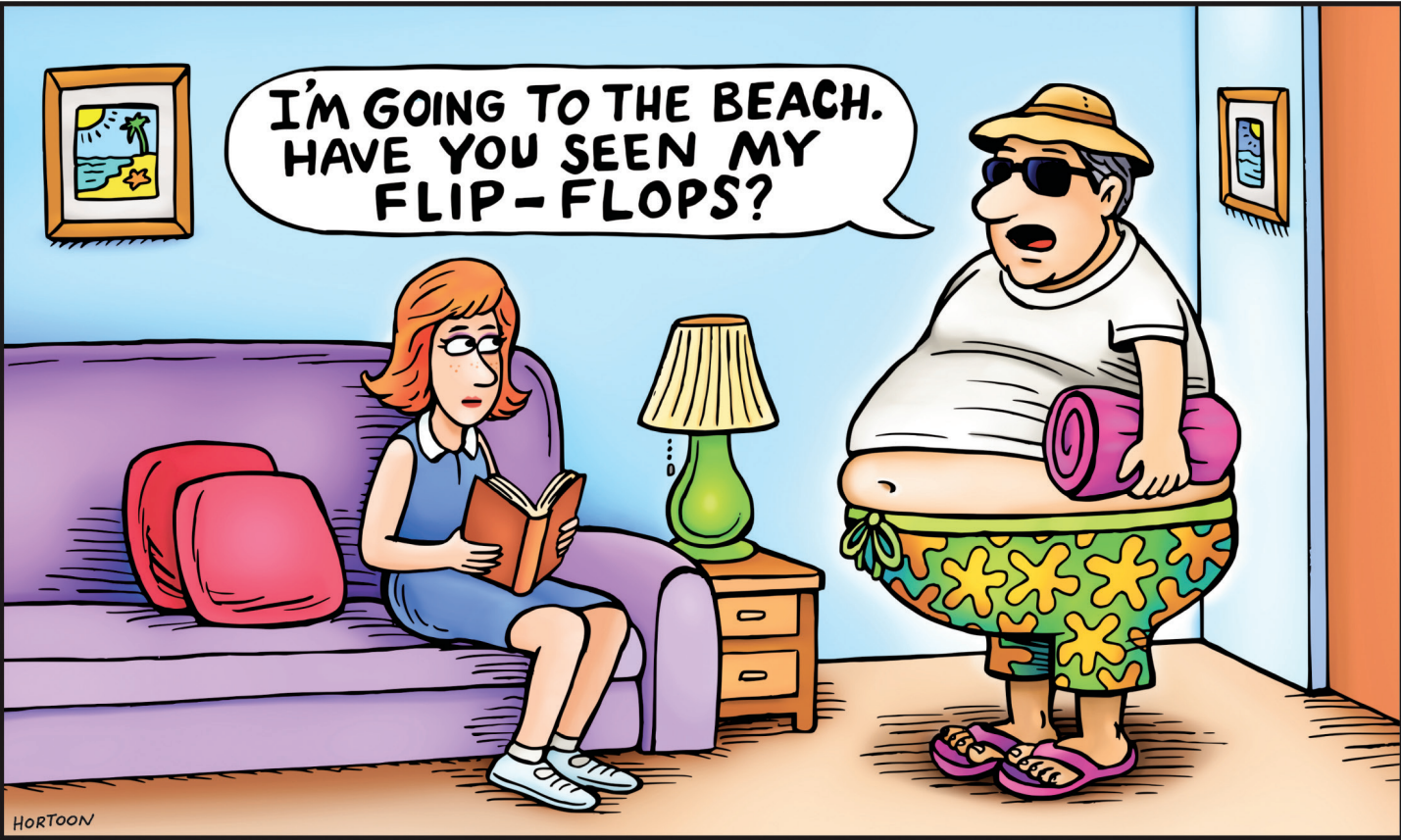
is located at 2450 First Street in Fort Myers. Adult programs are held in the meeting room building located across the library campus at 1651 Lee Street. For more information about a program or to register, call the library at 533-4600. Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-4636, for more information about a specific program.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Joan LaGuardia at 533-2314, Florida Relay Service 711, or jlguardia@leegov.com. Accommodation will be

provided at no cost to the requestor. Requests should be made at least five business days in advance.✱



HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Fort Myers	Fort Myers	1942	4,728	\$1,795,000	\$1,643,750	712
Overiver Shores	North Fort Myers	2015	3,845	\$1,695,000	\$1,525,000	8
Cape Coral	Cape Coral	2003	3,849	\$1,495,000	\$1,375,000	99
Metes And Bounds	Sanibel	2000	3,372	\$1,199,000	\$1,045,000	289
Savona Bay	Fort Myers	2016	3,499	\$1,100,000	\$1,015,000	343
Bonita National Golf And Country Club	Bonita Springs	2018	3,143	\$765,000	\$755,000	72
Cape Coral	Cape Coral	1994	2,741	\$700,000	\$655,000	323
Cape Coral	Cape Coral	2006	2,437	\$699,000	\$660,000	197
Laguna Shores	Fort Myers Beach	1966	1,298	\$650,000	\$620,000	5
Cape Coral	Cape Coral	2018	2,480	\$649,900	\$665,900	204



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SUN-DESIROUS ALIKE,
A VACATION ON A PLATE."**

The New York Times
Magazine



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The Dixie Fish Co. & The Whale

